Westbourne Academy | Week One

WESTBOURNE ACADEMY

Academy Transformation Trust

Menu for Week Commencing: 2/11 23/11 14/12

Lower Carbon Footprint
(v) *Vegetarian*
(ve) *Vegan*

Allergen information may be obtained verbally by contacting the Catering Manager

	Mon	Tues	Wed	Thu	Fri
Main Option One	**Beef Bolognese** *served with pasta and sweetcorn*	**Hunters Chicken** *served with cubed potatoes and steamed broccoli*	**SUB CLUB** *Build your own sub with filings of your choice*	***Roast Chicken*** Served with roast potatoes, broccoli, Honey carrots and gravy	**Battered Fish** *served with chips and curry sauce*
Main Option Two	**Planet Friendly Bolognese** *served with pasta and sweetcorn*	**Quorn Chicken** *served with cubed potatoes and steamed broccoli*	**SUB CLUB** *Build your own sub with filings of your choice*	**Roast Quorn Fillet** Served with roast potatoes, broccoli, carrots and gravy	**Battered Fish** *served with chips and curry sauce*
Grab & Go	**Cheesy Pasta Hot Dog** **Jacket Potato** ***with cheese and beans***	**Tomato Pasta** **Chicken Pita** **Jacket Potato** ***with cheese and beans***	**Meatball Pasta** **Cheese Pizza** **Jacket Potato** ***with cheese and beans***	**Sweet and sour chicken pot** **Roast dinner Wrap** **Jacket Potato** ***with cheese and beans***	**Fish and Chips**
Dessert	**Sprinkle Topped Doughnuts**	**Chocolate Brownie**	**Rice Crispy Cake**	**Apple Crumble and custard** **Apple sponge** **Speedy**	**Lemon Muffin**
Daily Available All Week	*A selection of fresh salads, baguettes, sandwiches and fruit pots are available each day. See The Speedy Bar for daily options*				

Westbourne Academy | Week Two

Menu for Week Commencing: 9/11 30/11

WESTBOURNE ACADEMY

Academy Transformation Trust

Lower Carbon Footprint
(v) *Vegetarian*
(ve) *Vegan*

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	Mon	Tues	Wed	Thu	Fri
Main Option One	**Sweet Chili beef Noodles** with Stir-fry Vegetables	**Spicy Chicken served** with Jolof Rice And a creamy coleslaw	**Pasta CLUB** *Build your own Pasta bowl with filings of your choice*	***Sausage and Mash*** *served with peas and gravy*	**Southern Fried Chicken** *with Chips*
Main Option Two	**Sweet Chilli Quorn Noodles** With Stir-fry vegetables	**Spicy Vegetable Patty** With Jolof Rice And a creamy Cole-slaw	**Pasta CLUB** *Build your own pasta bowl with filings of your choice*	***Vegie Sausage and Mash*** *served with peas and gravy*	**Quorn Southern Fried Chicken** *with Chips*
Grab & Go	**Cheesy Pasta** **Hot Dog** **Jacket Potato** ***with cheese and beans***	**Tomato Pasta** **Chicken Pita** **Jacket Potato** ***with cheese and beans***	**Meatball Pasta** **Cheese Pizza** **Jacket Potato** ***with cheese and beans***	**Sweet and Sour Chicken pot** **Sausage Bap with sage and onion stuffing** **Jacket Potato** ***with cheese and beans***	**Quorn Southern Fried Chicken** ***with Chips***
Dessert	**American Pancakes with Fruit Compote**	**Assorted Angle Delight**	**Vanilla muffin**	**Chocolate Crunch Cake with Chocolate Custard**	**Iced Sponge**
Daily (Available All Week)	*A selection of fresh salads, baguettes, sandwiches and fruit pots are available each day. See The Speedy Bar for daily options*				

Westbourne Academy | Week Three

WESTBOURNE ACADEMY

Academy Transformation Trust

Menu for Week Commencing: 23/11 7/12

Lower Carbon Footprint
(v) *Vegetarian*
(ve) *Vegan*

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	Mon	Tues	Wed	Thu	Fri
Main Option One	**Loaded Mac and Cheese** served with mixed bean salad	***Burger Day*** *Choice of Burger with Salads and hash brow bites*	**Beef Lasagne** *served with garlic bread and salad*	***Roast Gammon*** *Served with Roast Potatoes, Honey Carrots and broccoli Stuffing and Gravy*	**Sausage & Chips** *with curry sauce*
Main Option Two	**Mac and Cheese** Served with mixed bean salad	**Burger Day** Choice of Burger With salads and hash brown bites	**Veg Lasagne** *served with garlic bread and salad*	***Quorn Roast*** *Served with Roast Potatoes, Honey Carrots and broccoli Stuffing and Gravy*	**Vegi Sausage & Chips** *with curry sauce*
Grab & Go	**Cheesy Pasta** **Hot Dog** **Jacket Potato** ***with cheese and beans***	**Tomato Pasta** **Chicken Pita** **Jacket Potato** ***with cheese and beans***	**Meatball Pasta** **Cheese Pizza** **Jacket Potato** ***with cheese and beans***	**Sweet and Sour Chicken Pot** **Roast Gammon Baguette** **Jacket Potato** ***with cheese and beans***	**Sausage & Chips**
Dessert	**Chocolate Waffles** *served with Cream*	**Golden Baked Flapjack**	**Chocolate Muffin**	**Syrup sponge with custard**	**Marble cake**
Daily (Available All Week)	*A selection of fresh salads, baguettes, sandwiches and fruit pots are available each day. See The Speedy Bar for daily options*				