

Westbourne Academy | Week One



Menu for Week Commencing:1/9,21/9,12/10

Lower Carbon Footprint
(v) Vegetarian
(ve) Vegan

Allergen information may be obtained verbally by contacting the Catering Manager

	Mon	Tues	Wed	Thu	Fri
Main Option One	Beef Bolognese <i>served with pasta and salad</i>	Hunters Chicken <i>served with cubed potatoes and steamed broccoli</i>	Jerk Chicken <i>served with spicy rice and Creamy Coleslaw</i>	SUB CLUB <i>Build your own sub with fillings of your choice</i>	Battered Fish <i>served with chips and curry sauce</i>
Main Option Two	Planet Friendly Bolognese <i>served with pasta and salad</i>	Quorn Chicken <i>served with cubed potatoes and steamed broccoli</i>	Jamaican Vegetable Patties <i>with spicy rice and creamy Coleslaw</i>	SUB CLUB <i>Build your own sub with fillings of your choice</i>	Battered Fish <i>served with chips and curry sauce</i>
Grab & Go	Cheesy Pasta Hot Dog Jacket Potato with cheese and beans	Tomato Pasta Chicken Pita Jacket Potato with cheese and beans	Jerk Chicken Rice Jacket Potato with cheese and beans	Meatball Pasta Cheese Pizza Jacket Potato with cheese and beans	Fish and Chips
Dessert	Sprinkle Topped Doughnuts	Watermelon Slice or Lemon Muffin	Rice Crispy Cake	Chocolate Brownie	Marble cake
Daily Available All Week	<i>A selection of fresh salads, baguettes, sandwiches and fruit pots are available each day. See The Speedy Bar for daily options</i>				

Academy Name | Week Two



Menu for Week Commencing: 7/9,28/9,19/10

Lower Carbon Footprint
(v) Vegetarian
(ve) Vegan

Allergen information may be obtained verbally by contacting the Catering Manager

	Mon	Tues	Wed	Thu	Fri
Main Option One	Chicken Curry <i>served with rice and Naan bread</i>	BBQ Pulled Pork <i>served with Hash Brown Bites and Pickled Coleslaw</i>	Cajun Chicken Pasta Bake <i>served with salad</i>	SUB CLUB <i>Build your own sub with fillings of your choice</i>	Southern Fried Chicken <i>with Chips</i>
Main Option Two	Quorn Chicken Curry <i>served with rice and Naan bread</i>	Quorn Burger <i>served with Hash Brown Bites and Pickled Coleslaw</i>	Mac n Cheese <i>served with salad</i>	SUB CLUB <i>Build your own sub with fillings of your choice</i>	Quorn Southern Fried Chicken <i>with Chips</i>
Grab & Go	Cheesy Pasta Hot Dog Jacket Potato <i>with cheese and beans</i>	Tomato Pasta Chicken Pita Jacket Potato <i>with cheese and beans</i>	Mac & Cheese-Pasta Jacket Potato <i>with cheese and beans</i>	Meatball Pasta Sweet Chilli Chicken Wrap Jacket Potato <i>with cheese and beans</i>	Quorn Southern Fried Chicken <i>with Chips</i>
Dessert	Chocolate Eclair	Watermelon Slice or Vanilla Muffin	Chocolate Orange Sponge	Cornflake Cake	Iced Vanilla Sponge
Daily Available All Week	<i>A selection of fresh salads, baguettes, sandwiches and fruit pots are available each day. See The Speedy Bar for daily options</i>				

Westbourne Academy | Week Three



Menu for Week Commencing: 14/9,5/10

Lower Carbon Footprint
(v) Vegetarian
(ve) Vegan

Allergen information may be obtained verbally by contacting the Catering Manager

	Mon	Tues	Wed	Thu	Fri
Main Option One	Beef Lasagne <i>served with garlic bread and salad</i>	Lemon Garlic Chicken Flat Breads <i>served with salad and waffle fries</i>	Beef Tacos in a Hard Shell Taco <i>with Salad and Corn Salsa</i>	SUB CLUB <i>Build your own sub with fillings of your choice</i>	Sausage & Chips <i>with curry sauce</i>
Main Option Two	Veg Lasagne <i>served with garlic bread and salad</i>	Halloumi Flat Breads <i>served with salad and waffle fries</i>	Quorn Chicken Tacos in a Hard Shell Taco <i>with Salad and Corn Salsa</i>	SUB CLUB <i>Build your own sub with fillings of your choice</i>	Quorn Sausage & Chips <i>with curry sauce</i>
Grab & Go	Cheesy Pasta Hot Dog Jacket Potato <i>with cheese and beans</i>	Tomato Pasta Chicken Pita Jacket Potato <i>with cheese and beans</i>	Chicken Pasta Jacket Potato <i>with cheese and beans</i>	Beef Burrito Meatball Pasta Jacket Potato <i>with cheese and beans</i>	Quorn Sausage & Chips
Dessert	Chocolate Waffles <i>served with Cream</i>	Watermelon Slices or Chocolate Muffin	Cheese Cake Pot	Filled Cupcake	Golden Baked Flapjack
Daily Available All Week	<i>A selection of fresh salads, baguettes, sandwiches and fruit pots are available each day. See The Speedy Bar for daily options</i>				