



The following work has been provided for you because you are working at home due to an authorised absence during the term listed above.

You should complete the activities below. We do not expect you to submit the work and you shouldn't work for more than 4 hours a day. You may wish to follow your timetable to guide you. Any questions please email your teacher.

Please be aware that over time links may become inactive. If you discover that one of the links does not work please contact your teacher to let them know.

Finally, please remember to check Satchel One for any home learning that you have been set. <https://help.satchelone.com/en/collections/1695417-students>

English

Spring Term 1/2026: We are studying Oliver Twist this half term. Please click on the workbook below to work through the remote learning unit.



Year_7_Oliver_Twist
_Remote_Learning_E

Spring Term 2/2026: Work through the writing lessons here:

Grammar for Writing:

<https://classroom.thenational.academy/units/grammar-for-writing-c6ed>

Poetry about Place and Home:

<https://www.thenational.academy/teachers/programmes/english-secondary-ks3/units/poetry-about-place-and-home/lessons>

Maths

Work is available on Sparx Maths, students should complete any compulsory learning first and then work through xp boost and target work.

To login into Sparx Maths click the blue log in with Microsoft button, using your school email address and password. Contact your maths teacher by email if you have any problems.

Science

There are a series of lessons for you to work through. You should work through the lessons based on the unit you are covering in class at present. Email your class teacher if you are unsure. Use the following link: <https://continuityoak.org.uk/lessons>

Select 'KS3 Science' and choose from the units on 'Reproduction and variation', 'Atoms and the periodic table' or 'Forces and motion'.



Geography

Follow the link to access remote learning. Click on Geography and Year 7. This term we will be studying "Development": <https://continuityoak.org.uk/lessons#>

History

Spring Term 1/2026: Work through the six lessons titled: about life in medieval England under the Feudal System. The links and videos can be found at:

[Local history: how similar were medieval lives in Norwich? KS3 | Y7 History Lesson Resources | Oak National Academy](#)

Spring Term 2/2026: Work through the six lessons about who held power in medieval England.

Lesson videos and tasks for each lesson can be found at:

[England under Henry II: how successfully did Henry reassert royal authority? KS3 | Y7 History Lesson Resources | Oak National Academy](#)

Spanish

You should use your Languagenut account to review Grammar and Vocabulary. You will have your own login details, however, if you have forgotten this, please contact your teacher or Miss Cesarano and we will send them to you.

Once you have logged in, Select 'Grammar and Verbs', 'Sentences and Chunks' or 'Phonics' and do any of the games and activities of your choice.

Art

TASK 1: Watch this video on how to create a relief sculpture.

Link: <https://www.youtube.com/watch?v=vzw04m46KOU>

What inspires you? Could it be something that you have a go at? Could you research the artist Frank Stella and find out what inspired him to create his work?

TASK 2: Watch this video on Kandinsky

Link: <https://www.youtube.com/watch?v=R6nZjVNaJLg>

The video should be about 'Explore shapes and colours with Kandinsky'.

Now that you know a bit more about him and building upon your prior learning, have a go at creating a more detailed abstract piece of work.

Computing

Work is set online in SharePoint (@wes-computing portal) that you can access from the Home Learning link on the Quicklinks page on the Westbourne Academy website.

You can also access the @WES Computing portal via the Westbourne Academy portal using the navigation links on the left.



Please complete all workbooks attached to each lesson to evidence that you have understood the topic.

You could also use your Seneca account to build on and revise your knowledge for Computing and your Educake account to test your knowledge and practice exam skills.

You all have your own login details, however, if you have forgotten them, please contact Mr Melton (B26) or Mr Burrows (B25) and they will send them to you:

will.melton@attrust.org.uk

jonathan.burrows@attrust.org.uk

Drama

Positions on stage:

1. Watch <http://youtu.be/TowLHF1s3sw>. Draw and label your own stage with the nine stage positions.
2. A monologue is a solo speech by an actor on stage or in a film. Write your own monologue and choose one of the following starting lines: 'This has been the best day ever...' or 'I'm so excited about tomorrow..'
3. Video yourself performing the monologue and send it to your teacher by email.
4. Practice your key Drama word spellings.

Design Technology (DT)

1. Read through and revise the section on the link that best matches the unit you are currently studying, eg. wood and timber, metals and alloys.
2. Create a revision poster based on the information that you have read about.
Email your poster to your DT teachers.

Papers, boards and design <https://www.bbc.co.uk/bitesize/guides/zjgyb82/revision/2>

Woods and timbers <https://www.bbc.co.uk/bitesize/guides/zjgyb82/revision/3>

Metals and alloys <https://www.bbc.co.uk/bitesize/guides/zjgyb82/revision/4>

Plastics and polymers <https://www.bbc.co.uk/bitesize/guides/zjgyb82/revision/5>

Electronics <https://www.bbc.co.uk/bitesize/guides/z6kr97h/revision/1>

Food and nutrition <https://www.bbc.co.uk/bitesize/guides/zkmpwty/revision/2>

Music

This term, Year 7 music begins to look at performance and song writing through the learning of rudimentary guitar. Use the following links to broaden knowledge around this.

Guide to the orchestra:

<https://www.bbc.co.uk/orchestras/learn/guidetothorchestra/>

Lyric writing:

<https://www.bbc.co.uk/bitesize/topics/z3dqhyc/articles/zknqwty>



Physical Education (PE)

Please log in to Satchel One where you will find a number of quizzes to complete. These quizzes will test your knowledge of the activities that we are covering in our practical lessons.

Religious Studies (RS)

Please click on the link below and work through the PowerPoints. A knowledge organiser can be located in this folder to help you.

[Unit 2- Christianity](#)