

Scheme of Work for Year 9 PSHE for 2025-26

Lesson	Year 9 PSHE
1	What is PSHE? Introduction and classroom expectations
2	Open and closed characters
3	Controlling anger
4	Cancer awareness
5	Male body image
6	Mental health- suicide
7	Lifestyle choices – Alcohol and the risks
8	Class C drugs
9	Assessment
10	Respect for each other
11	Knife crime
12	British values – Civil and Criminal law
13	Conflict Management
14	Christmas Quiz
15	Global conflict – War in Ukraine
16	Peace and Conflict
17	Different types of work
18	The world of work
19	Workplace skills
20	Further education – Life after school
21	Careers Options – Introducing Kudos – Completing personal tests
22	Careers Options – Developing Kudos – researching possible careers
23	Careers – Work-related skills
24	Careers- Teamwork
25	The role of the police and a how a court of law works
26	Crime and punishment
27	Fake News
28	Propaganda and Conspiracy Theories
29	Pathways Lesson- Picking my GCSE Options
30	Assessment
31	Misogyny and Misandry
32	Relationships – Managing Break ups
33	Sex education – Dealing with pressures to have sex
34	Sex education – Contraception and unplanned pregnancy
35	Sex education – Delaying Sexual Activity
36	Sex education – Separating fact from fiction: the dangers of pornography
37	Friendship
38	Assessment

Colour	Key
	Health and Wellbeing
	Living in the wider world
	Relationships and Sex Education
	Assessment