

# Scheme of Work for Year 11 PSHE for 2025-26

Lesson	Year 11 PSHE
1	Introduction and classroom expectations/Being Safe
2	Healthy eating/obesity
3	Healthy eating on a budget
4	Social media and loneliness
5	Managing grief and bereavement
6	Mental health – Suicide
7	What are British Values?
8	What is a CV?
9	Creating a CV (Computer room needed)
10	Plans beyond school - Applying to University or College
11	How to prepare for a job interview
12	Stress and Exam Performance
13	How to revise – Part 1
14	How to revise – Part 2
15	PREs Revision
16	Accommodation choices – part 1 Homeowner
17	Accommodation choices – part 2 Private rent
18	Accommodation choices – part 3 Council rent
19	Rule of Law
20	Religion and Human Rights
21	Gang Life in London Lesson 1
22	Gang Life in London Lesson 2
23	Extremism
24	Radicalisation
25	Managing Risks
26	Road Safety
27	Unhealthy relationships
28	Relationships – stalking and harassment
29	Relationships – Online dating – keeping safe
30	Sex education – Safe and healthy sex
31	Sex education – revenge porn
32	Sex education – The role of pleasure
33	Interventions/revision
34	Interventions/revision
35	Interventions/revision
36	Interventions/revision
37	Interventions/revision
38	Interventions/revision

Colour	Key
	Health and Wellbeing
	Living in the wider world
	Relationships
	Assessment