

Childhood Neurodivergence Parent/Carer Workshops

Free Upcoming Virtual workshops on Childhood Neurodivergence:

- Understanding and Supporting Behaviour
- What you need to know as a Parent/Carer
- Supporting your Child's Education
- Supporting your Child with Anxiety

Pre-recorded Workshops and Resources

- Supporting your Neurodivergent Teenager
- Understanding and Supporting Sensory Needs
- Understanding and Supporting your Child with Low Mood
- Understanding and Supporting Eating Difficulties
- Supporting Planning, Organising and Remembering
- Supporting Social Relationships

And more..!



Access here: <https://www.suffolklocaloffer.org.uk/health-and-wellbeing/autism-adhd-and-neurodevelopment/neurodiversity-online-parentcarer-workshops>