

# Academy Name | Week Two



Menu for Week Commencing: 03/02, 03/03, 24/03

Lower Carbon Footprint  
(v) Vegetarian  
(ve) Vegan

Allergen information may be obtained verbally by contacting the Catering Manager

	Mon	Tues	Wed	Thu	Fri
Main Option One	Sausage served with mash potato, vegetables and gravy	Salt & pepper chicken with noodles and stir fry veg	Smokey beef chilli served with rice, tortilla chips and sour cream	Chicken tikka masala served with fluffy rice and naan	Pepperoni pizza served with chips
Main Option Two	Quorn sausage served with mash potato, vegetables and gravy	Mac n cheese with crispy onion topping	Egg noodles with Quorn and stir fry veg in a sweet chilli sauce	Thai green curry served with fluffy rice and naan	Cheese and tomato pizza served with chips
Grab & Go	Cheesy pasta Chicken Makhani & rice Chicken pita	Veg Rogan Josh & rice Sweet chilli chicken pasta Chicken pita	Tomato pasta Chicken tikka masala & rice Chicken pita	Veg noodle pot Italian chicken pasta Chicken pita	Quorn burger Chicken burger
Dessert	Chocolate eclair	Chocolate orange sponge	Apple crumble served with custard	Watermelon slice or blueberry muffin	Iced vanilla sponge
Daily Available All Week	A selection of fresh salads, baguettes, sandwiches, fruit pots and yogurts available each day. See The Speedy Bar for daily options				