

Westbourne Academy | Week One



Menu for Week Commencing: 27/01, 24/02, 17/03

 Lower Carbon Footprint
(v) Vegetarian
(ve) Vegan

Allergen information may be obtained verbally by contacting the Catering Manager

	Mon	Tues	Wed	Thu	Fri
Main Option One	Beef bolognese in a tomato ragu served with pasta and salad	Chicken korma served with fluffy rice and naan	Roast loin of pork served with seasonal vegetables roast potatoes and gravy	Jerk chicken served with spicy rice	Beef burger served in a floured bap and chips
Main Option Two	Planet friendly bolognese in a tomato ragu served with pasta and salad	Vegetable masala served with fluffy rice and naan	Quorn filet served with seasonal vegetables, roast potatoes and gravy	Veggie meat-ball pasta in a spicy tomato sauce	Battered fish served with chips, curry sauce and peas
Grab & Go	Cheesy pasta Chicken Makhani & rice Chicken pita	Veg Rogan Josh & rice Sweet chilli chicken pasta Chicken pita	Tomato pasta Chicken tikka masala & rice Chicken pita	Veg noodle pot Italian chicken pasta Chicken pita	Quorn burger Chicken burger
Dessert	Sprinkle topped doughnuts	Pineapple cake served with custard	Chocolate brownie	Marble cake	Watermelon slice or lemon muffin
Daily Available All Week	A selection of fresh salads, baguettes, sandwiches, fruit pots and yogurts available each day. See The Speedy Bar for daily options				