

WESTBOURNE ACADEMY - WEEK THREE

Autumn/Winter 2024/25

Monday

Tuesday

Wednesday

Thursday

Friday

Main Option One

Mac n Cheese
Baked Cheesy Pasta
topped with BBQ
Chicken and Fried
Onions

Meatball Sub
Pork Meatballs, Spicy
Tomato Sauce, Corn on
cob

Roasted Lemon & Herb
Chicken
Seasonal Vegetables,
Herb Stuffing, Roasted
Potatoes & Gravy

Beef Lasagne 50/50
Layers of Minced Beef in
a Rich Tomato Ragu,
Pasta & Cheese Sauce
with Garlic Bread

Southern
Fried
Chicken & Chips

Main Option Two

Sweet Chilli Quorn Fillet
With Savoury Rice &
Corn on the Cob (ve)

Sweet Potato & Chick
Pea Loaded Wedges,
Mint Yoghurt, Salad (v)

Pizza Pinwheel
Fresh Pizza Dough, Rich
Tomato Base & Cheese
with Fresh Vegetables &
Rustic Tomato Sauce (v)

Veg Lasagne
Mixed Vegetables in a
Tomato Ragu, Layers of
Pasta with Cheese
Sauce, Garlic Bread (v)

Chef's Choice
Please speak to a
member of the team or
check out the daily
menu

Grab & Go

Quorn
Burger

Street Food
Paprika Chicken Salad
Wrap

Noodle Bar
Singapore Vegetable
Chow Mein with Egg
Noodles (v)

Mexican
Chicken Quesadilla

Mega Chip Butty
Chips in a Buttered Bap
topped with Curry
Sauce (v)

Dessert

Lemon & Honey Drizzle
Flapjack
Fresh Fruit Pots &
Yoghurts

Mixed Berry Blondie
Fresh Fruit Pots &
Yoghurts

Belgium Waffle with
Fruit Toppings
Fresh Fruit Pots &
Yoghurts

Orange Polenta Cake
Fresh Fruit Pots &
Yoghurts

Ice Cream Pot
Fruit & Sauce Toppings
Fresh Fruit Pots &
Yoghurts

Daily

Selection of Hot Panini's, Pizza Slices, Baguettes, Sandwiches, Wraps, Salad Boxes - In **Speedy Bar** Daily.