

WESTBOURNE ACADEMY - WEEK ONE

Autumn/Winter 2024/25

Monday

Tuesday

Wednesday

Thursday

Friday

Main Option One

Beef Bolognaise
in a Rich Tomato Ragu
with Pasta & Salad

Chicken Curry
Chicken Pieces cooked in
Aromatic Herbs and
Spices with Fluffy Rice,
Naan Bread & Chutney

Roast Loin of Pork
Served with Mash,
Seasonal Vegetables &
Trimmings

Jerk Chicken
with
Spicy Rice

Battered Fish and Chips
with Fresh Peas & Curry
Sauce

Main Option Two

Planet-friendly
Bolognaise 
Vegan Mince in a rich
Tomato Ragu with Pasta
& Salad (ve)

Vegetable Dhal
With Fluffy Rice, Naan
Bread & Mango Chutney
(ve)

Quorn Roast
With Mash, Seasonal
Vegetables & Trimmings
(v)

Meatballs Cooked in a
Spicy Tomato Sauce
with Wholewheat Pasta
and Salad (ve)

Chef's Choice
Please speak to a
member of the team or
check out the daily
menu

Grab & Go

Vegan Kitchen
Spicy Bean Burrito (ve)

Street Food
Cheese Burger in a
Brioche style Bun with
Salad (v)

Noodle Bar
Sweet Chilli Chicken
Noodle Pot

Mexican
Pulled Pork Taco
Pulled Pork, Salad &
Salsa in a Taco

Chicken Kebab
Flavoured Chicken with
Salad in a Pocket Wrap
with Sauce.

Dessert

Winter Berry Crumble
with Custard
Fresh Fruit Pots &
Yoghurts

Sticky Toffee Pudding
Fresh Fruit Pots &
Yoghurts

Chocolate Brownie
Fresh Fruit Pots &
Yoghurts

Orange & Ginger
Flapjack
Fresh Fruit Pots &
Yoghurts

Vanilla Crunch
Fresh Fruit Pots &
Yoghurts

Daily

Selection of Hot Panini's, Pizza Slices, Baguettes, Sandwiches, Wraps, Salad Boxes - In **Speedy Bar** Daily.