

Scheme of Work for Year 8 PSHE for 2024-25

Lesson	Year 8 PSHE
1	What is PSHE? Introduction and classroom expectations
2	Organisation and accountability- the importance of attendance
3	Leadership styles
4	Micro leadership
5	Diversity and Inclusion- Show Racism the Red Card
6	Gang life and the consequences
7	Cyberstalking, online bullying and trolling
8	Social media
9	Boys Puberty
10	Relationships – Same sex couples
11	Grooming
12	Sex education – Harassment and the law
13	Sex education – A basic guide to contraception
14	Revision/Assessment/Reflection
15	Introduction to debating
16	Using debating skills to improve my work
17	Emotional literacy – Self-awareness and sensitivity
18	Confidence and achievement
19	Human rights
20	British values – The criminal justice system
21	British values – Tolerance
22	The importance of sleep and routines
23	Gaming addiction
24	Jesy Nelson – Odd one out part 1
25	Jesy Nelson – Odd one out part 2
26	Revision/Assessment/Reflection
27	Reducing our carbon footprint
28	Vaccinate or not to vaccinate? That is the question
29	Infection control
30	Growth mindset
31	Evaluate my strengths and weaknesses
32	The value of money
33	Problem solving
34	Body Image
35	Living without harm- vaping
36	Personal safety – basic first aid and CPR
37	Staying safe for the summer
38	Revision/Assessment/Reflection

Colour	Key
	Organisation/Careers
	Wellbeing, mental health and e-safety
	Kindness and values
	Communication
	Resilience and initiative
	Leadership
	Living without harm
	Assessment