

# Scheme of Work for Year 11 PSHE for 2024-25

Lesson	Year 11 PSHE
1	Introduction and classroom expectations/Online safety- sharing images and passwords
2	What are British Values?
3	What is a CV?
4	Creating a CV (Computer room needed)
5	Plans beyond school - Applying to University or College
6	Healthy eating/obesity
7	Healthy eating on a budget
8	Social media and loneliness
9	Accommodation choices – part 1 Homeowner
10	Accommodation choices – part 2 Private rent
11	Accommodation choices – part 3 Council rent
12	Stress and exam performance
13	How to revise – Part 1
14	How to revise – Part 2
15	British values – rule of law
16	Religion and human rights
17	Unhealthy relationships
18	Relationships – stalking and harassment
19	Relationships – Sexuality and gender identity
20	Relationships – Online dating – keeping safe
21	Sex education – what makes good sex?
22	Sex education – revenge porn
23	Sex education – The role of pleasure
24	Health – The effects of smoking and drugs during pregnancy
25	Radicalisation – The Manchester terrorist attack
26	The consequences of gang crime - London 2018 – Part 1
27	The consequences of gang crime - London 2018 – Part 2
28	Mental health – Suicide
29	Managing grief and bereavement
30	Managing risk in new situations – Part 1
31	Managing risk in new situations – Part 2
32	Road safety: Speed and seatbelts
33	Road safety: Distractions on the road
34	Interventions/revision
35	Interventions/revision
36	Interventions/revision
37	Interventions/revision
38	Interventions/revision

Colour	Key
	Organisation/Careers
	Wellbeing, mental health and e-safety
	Kindness and values
	Communication
	Resilience and initiative
	Leadership
	Living without harm
	Assessment