

Scheme of Work for Year 10 PSHE for 2024-25

Lesson	Year 10 PSHE
1	Introduction and classroom expectations/Online safety- sharing images and passwords
2	Introduction to citizenship
3	British Values
4	Rights and responsibilities
5	Introduction to Government and Politics
6	What is money?
7	Tax
8	UK economy
9	Personal finance
10	Economic booms and recessions
11	Inflation and interest
12	Mental health- Facing challenges
13	Challenging discrimination- Protected Characteristics
14	Revision/Assessment/Reflection
15	Online safety
16	Understanding and managing risk
17	Mental health – Self esteem
18	Mental health – Resilience
19	Mental health – Body image and eating disorders
20	Religion, marriage and divorce
21	Poverty, religion and society- challenging stereotypes of poverty
22	Knife crime
23	County Lines- part 1
24	County Lines- part 2
25	Mental health – The dangers of gambling
26	Revision/Assessment/Reflection
27	Sex education – Contraception
28	Sex education – Parenthood and teenage pregnancies
29	Sex education- Miscarriages
30	Sex education – STIs
31	Sex education – Accessing support for sexual health concerns
32	Sex education – FGM
33	Sex education – CSE
34	Sex education – Sending nudes and its consequences
35	Lifestyle choices - alcohol
36	Lifestyle choices - drugs
37	End of Year 10 PSHE review/spare lesson from PREs
38	Revision/Assessment/Reflection

Colour	Key
	Organisation/Careers
	Wellbeing, mental health and e-safety
	Kindness and values
	Communication
	Resilience and initiative
	Leadership
	Living without harm
	Assessment