



WESTBOURNE  
ACADEMY

Issue 3 / Late Summer 2023 Edition

# WESTBOURNE LIFE





**Welcome to the third edition of Westbourne LIFE, our digital magazine!**

We will be sharing news and photos of all the great stuff that has happened at Westbourne each term.

In the summer term, we said a fond farewell to our Year 11 students at their prom and welcomed our new Year 7 students as they spent two days at Westbourne meeting their new classmates and finding out about life at Westbourne.

**Mr M Bouckley - Principal**

## INSIDE

### Features

ARM Innovation Day

Maths Challenge

GCSE Results

We Can Be London

Inflatables Day

Matilda the Musical

100% Club

House Trophy Results

Dr Poulter MP Visit

Memory Tree

Young Carers

Y9 Design Technology

Liberate & Educate

Westbourne CCF

Student Showcase

### Key Dates

Cinderella

Term Dates & PD Days

WA Community Hub

Parent Evenings

Christmas Lunch

Contributor: Mr J Burrows—Teacher of Computing

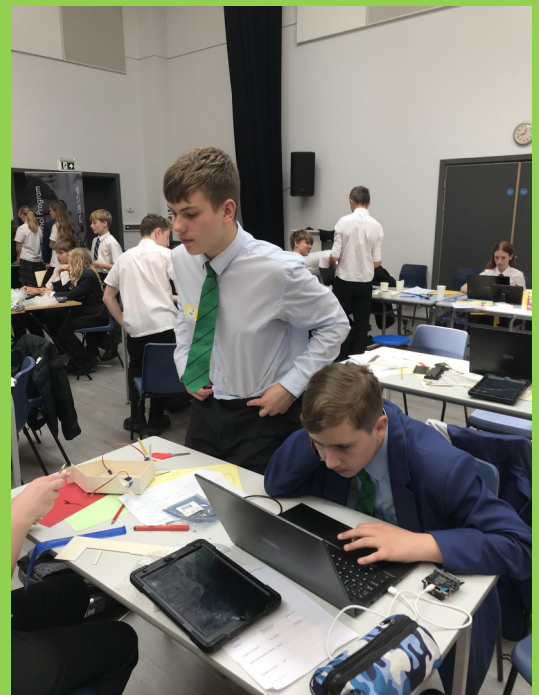
# ARM Innovation Day ...

On Thursday 29 June, we took a group of Year 7 and 8 students to Mildenhall Academy for an Innovation Day sponsored by ARM Technology.

The day was based around a scenario taken from the UN Global Goals, in which students had to create and program a model of an automated boat that could clean up the environment after an oil spillage.

Groups of 3 to 4 students started by researching possible solutions. They then worked in teams to create and build powered floating boats from balsa wood and card. Each boat had two motors that were controlled by Micro Bits that the students programmed. There were a variety of boats including catamarans, paddle boats and some very strange looking boats indeed. Once they were programmed, all the boats were tested in a giant paddling pool.

All the students excelled! There was some great team building, problem-solving and programming on show as well as a variety of ingenuity and innovation. As the students were reminded, the skills they used are the skills that innovative technology companies are already using and will continue to use to solve the world's problems for years to come.



*Contributor: Mr P Webster—Team Leader/Drama*

# Matilda the Musical ...

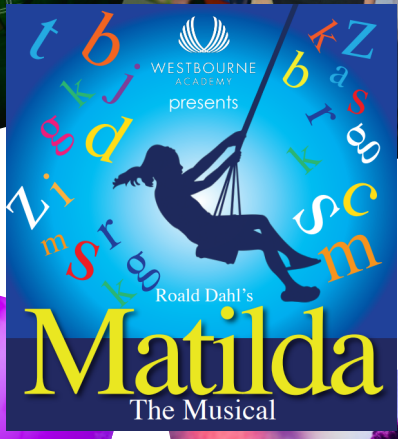
This year, in March, the Drama and Music departments showed off a school musical for the first time since getting back to 'normality'. Matilda has been around at Westbourne for a while, with varying show dates and cast lists, so to finally see it performed was an absolute pleasure!

The cast were nothing short of exemplary throughout the rehearsal process, and put on a performance that could have easily been on a longer run in a local theatre. Westbourne students presented a school musical that was both polished and professional, with more seats being required on the final night due to so many audience members showing their support.

We are already racing ahead and looking forward to what the next cast can achieve with 'Cinderella', which will be our Christmas Pantomime, and the first of many more to come over the years.



CULTURE  
CAPITAL



Contributor: Mr A Smith—Assistant Principal

# 100% Club ...



**The last 100% Club of the 2022-23 academic year was held on Friday 14 July, for students who had both 100% attendance and 100% positive behaviour in the first half of the summer term 2023.**

A record number - over 180 students - were invited to the hall in the afternoon to enjoy Domino's pizza, doughnuts and soft drinks as a thank you and celebration from the academy to acknowledge their fantastic efforts.

The 100% Club commenced in September 2022 and has gone from strength to strength since as part of our academy rewards programme. It is part of our solid commitment to students to ensure we will praise and reward them whenever possible, linked to their behaviour and attitudes displayed at the academy. The event for the last half term of the summer took place in September 2023. We look forward to welcoming a number of our new Year 7 students to attend the first meeting of the new school year in November, after the October half term break.

**As always, feedback on student reward events is warmly welcomed. Please contact Mr Smith by email - [andyg.smith@atrust.org.uk](mailto:andyg.smith@atrust.org.uk) - to discuss any suggestions you may have.**

Contributor: Mr D Payne - Head of Ramsey

# Dr Dan Poulter MP ...

## Q: How many politicians does it take to change a light bulb?

This wasn't one of the questions which eight of our very politically minded Year 10 students asked Dr Dan Poulter (MP for Central Suffolk and North Ipswich) on Friday 9<sup>th</sup> June as he visited Westbourne Academy.

However, with a bit of independent research a number of topics were thoroughly delved into. With questions from Hollie S, Levi H, Jessica D, Gurmukh S, Julia P, Chloe C, Lauren G and Logan M, we found out that Dr Dan Poulter:

- initially voted Labour and was a big fan of Tony Blair
- finds the balance of being an MP and working for the NHS demanding yet very satisfying
- agreed with university tuition fees and felt they were a fair version of a 'graduate tax'
- could be persuaded to drop the voting age to 16
- hinted we might see a drop in Income Tax rates over the next 12 months
- agreed that the pandemic has had a terrible impact on the cost of benefits and needs re-addressing.
- voted to remain in the EU
- met with the Health Board last week and announced plans for a new 'super GP practise' in Needham Market to help serve the outskirts of North West Ipswich

The students represented the academy with a maturity and professionalism to be proud of. They are now looking forward to a visit to the House of commons in the Autumn term.



And if you were wondering.....

**A: Two. One to change the bulb and one to change it back again!**



# Maths Challenge ...

In the summer term, 23 students from Years 7 and 8 were invited to take part in the UK Maths Challenge along with 700,000 young people from across the country.

The competition encourages mathematical reasoning, precision of thought and fluency in using basic mathematical techniques to solve interesting problems. Our students agreed saying, *“As the name suggests it is quite a challenge, it makes your brain think in way it may not have before. It was a fun event to participate in because I like maths and there was a wide variety of questions and I enjoyed the challenging aspect of it”*.

The maths challenge is a series of mathematical and logical questions that pushes you to answer a variety of questions in an interesting way. Have a think about this question from this year’s paper:

**Q: How many of the following five options are factors of 30? A 1 - B 2 - C 3 - D 4 - E 5**

To help prepare our students, they attended two sessions after school where they practised questions. One student said the questions were *“different maths questions to the ones I usually do in maths”* and they learnt logical ways to approach them. Students then showed off their maths knowledge in the one-hour allotted time. George explained, *“We logged on to computers with specific passwords then answered questions that were challenging and made you think logically”*. Students were not allowed calculators but could do their working on paper before entering the multiple choice on the computer.

Everyone worked really hard and has received a participation certificate. To praise their hard work, we held a celebration at the end of term in July. We even had success with students achieving two Gold, six Silver and five Bronze certificates. Well done!

Here is the answer to the one of this year’s questions:

**A: D of the options given, only 4 is not a factor of 30. So four of the options are factors of 30.**

We hope that, like our students, you found this an enjoyable challenge and maybe next year you will join us in representing Westbourne?





# Suffolk



# Young Adult Carers

## Living Fuller Lives

### What is the definition of a young carer?

“A young carer is a child or young person aged between 5 to 25 years old whose life is in some way different or restricted because they provide, or intend to provide, practical or emotional support to someone else.”

The person they provide care for is often a parent, or a relative who is physically or mentally ill, frail elderly, disabled or misuses alcohol or substances. Young carers could also be supporting and caring for a disabled brother or sister. They may be doing household chores like cooking, cleaning or helping with the shopping or taking siblings to school. Being a young carer can mean that sometimes it can be difficult managing all the things they feel they have to do and all the things they would like to do. This can affect young people in different ways.

Sometimes a young carer may struggle to keep up with their school work, or not feel able to join in after school activities alongside their peers.

They can feel tired and sometimes stressed and worried about the person they care for, as they fear that something might happen to them when they are not close by to keep an eye on them or directly caring for them. It is not surprising that they can get distracted and this makes it all the more difficult to concentrate on schoolwork and homework.

Also, young carers may forget to look after themselves or feel that they are not properly looked after, such as not having a balanced diet, not eating regularly or sleeping properly or getting enough exercise.”

Young Carers often underestimate the incredible skills they have developed through caring physically or emotionally for others. They often possess great resilience, independence, empathy and organisational skills such as time management.

If you would like information about the type of help and support available to Young Carers, you can speak to Mrs Kim Jacobs at school or you can contact Suffolk Young Carers direct on 01473 835477 weekdays between 8:00 – 18:30.

# Young Carers Zoo Trip...

In July, the Young Carers at Westbourne were invited to choose an off site activity that they would all enjoy and they spent the day together exploring Colchester Zoo.

All costs associated with transport and admission were funded in full by the academy thanks to a grant that Mrs Jacobs applied for and obtained from Suffolk Young Carers.



Contributor: Miss S Bird - Teacher of English

# Liberate & Educate...

## Celebrating International Women's Day

On Wednesday 8 March, I had the pleasure of taking a selection of Year 10 students to the University of Suffolk, to celebrate International Women's day.

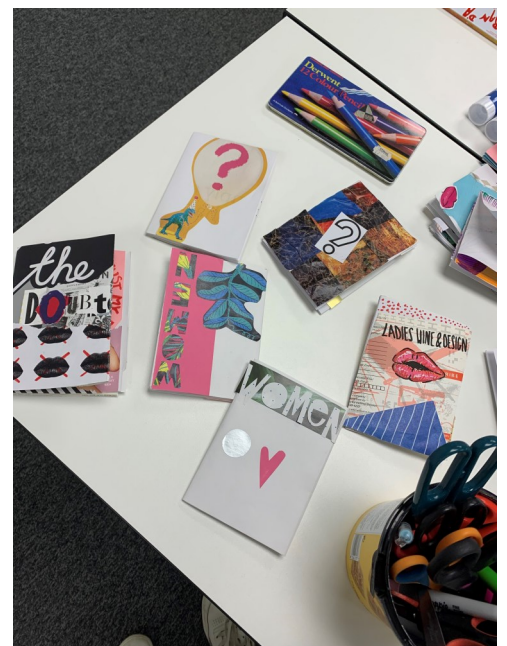
The event included a carousel of workshops which aimed to inspire, liberate and educate the students. They heard from women in careers traditionally dominated by men. It was amazing to hear the women speak so confidently and with such passion. There was a mixture of academic and skills-based workshops; with sessions focusing on building healthy relationships, confidence and resilience: both in the workplace and beyond.

Throughout the day, it was lovely to see the students engage, challenge themselves and grow in confidence. I asked students at the end of the day for their feedback. They said:

*'The day was an empowering experience and opened our eyes to a world of powerful women.'* – Courtney S & Chloe D

*'I now want to chase a career that I love after feeling like it wasn't for people like me. I feel proud to be a woman.'* – Lilly D

I am immensely proud of how the students conducted themselves throughout the day. They represented themselves and Westbourne fantastically.



Contributor: Miss C Chetty - TA/THRIVE Practitioner

# Memory Tree ...

As a Mental Health Champion and Trauma Informed Practitioner, I have the pleasure to share with you, that I now have a 'Memory Tree' located in C30. This helps me to support students with bereavement and discuss sensitive situations, during a very difficult time.



During any bereavement session, the student is given the opportunity to create a hanging plaque or heart for the tree, as a reminder to them, of that someone special that they have lost. This has been working really well and students have found it really comforting being able to express their feelings and work through the grief process. I also create memory jars, which has been a lovely task to do with students. I too have my own memory jar for my Dad, which is a lovely reminder for me.

I am aware that I only see a small portion of students and I thought it may nice to reach out to those who have been or are grieving and who are not yet supported at school. With this in mind, please feel free to contact me, if you feel that this would be something your child may benefit from.

**Miss C Chetty**

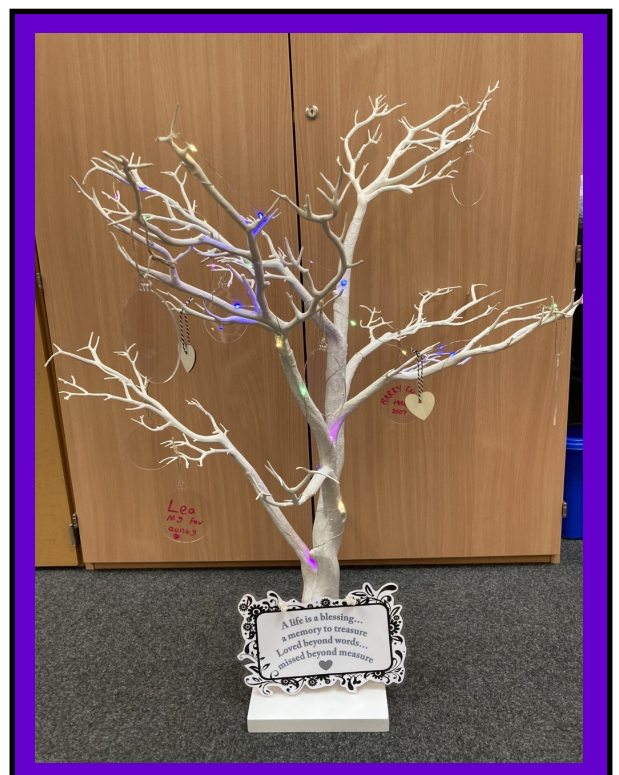
**Licensed Thrive Practitioner** 

**The Thrive Hub Lead** 

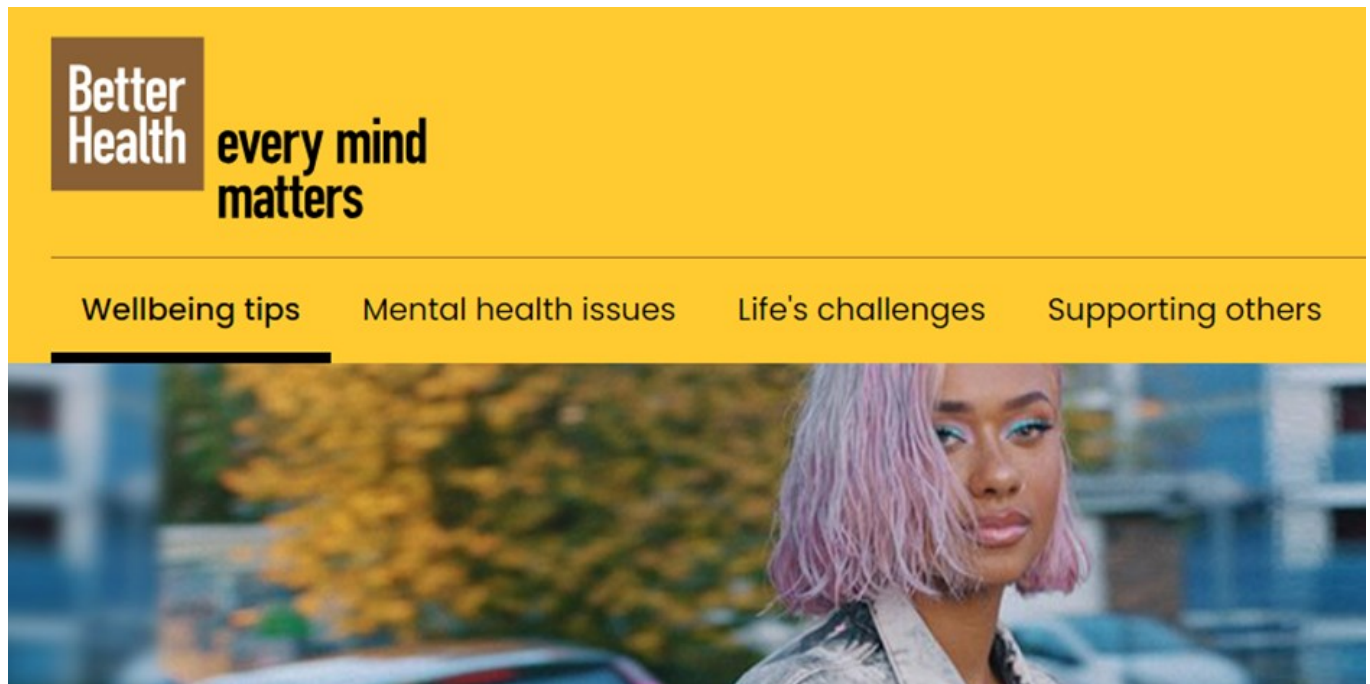
**Mental Health Champion**

**Trauma Informed Practitioner**

Email: [colleen.chetty@attrust.org.uk](mailto:colleen.chetty@attrust.org.uk)



# Better Health ...



## Mental health and self-care for young people

**There's loads of things we can all do to look after our mental wellbeing, and taking any time you can for self-care is massively important.**

Knowing what steps we can take to support our mental wellbeing can help us feel better, sleep better and have better relationships with the people around us – and that goes not just for today but for the future too.

Check out our videos for all sorts of tips on exercise, sleep and how to take care of yourself on social media.

You will also find links to more support for specific groups of people who may be finding things tough, have additional needs, or are facing a specific issue.

**[Every Mind Matters - NHS \(www.nhs.uk\)](http://www.nhs.uk)**

**If you or someone else is in danger, call 999 or go to A&E now. If you need help urgently for your mental health, but it's not an emergency, get help from NHS 111 online or call 111. Your mental health is as important as your physical health. You will not be wasting anyone's time.**

Contributor: Mr A Thorpe—Academy Coordinator

# Defibrillators ...

**We are pleased to announce that the academy has received two new defibrillators from the DfE.**

It follows campaigning from the Oliver King Foundation and its founder Mark King, who has worked tirelessly to raise awareness of the need for defibrillators since he tragically lost his son at the age of 12 to cardiac arrest while swimming at school.

## **Where are the defibrillators located?**

1. On the west outside wall of the Sports Hall
2. In the main corridor outside reception.
3. There is also now a defibrillator available to be taken on trips/visits.

**The safety of all our students, staff and visitors is always a top priority. A range of teaching and support staff are trained as voluntary first aiders including anaphylaxis and automated external defibrillator training.**



## **What should a student do if they feel unwell during a lesson?**

If a student is feeling unwell during a lesson, the member of staff will request support via the Bromcom Management System, using the emergency alert.

The student will then be taken the Hub to be assessed.

At other times (eg break or lunch) students will be taken to The Hub to see the Pastoral Administrator or a Pastoral Lead.

Contributor: Mr R Hawkes—Assistant Principal

**GOODBYE**

# The Class of 2023...



**The Class of 2023** have been an incredibly rewarding group of young people to work with over the last five years. They have shown great resilience, adapting admirably to the challenges and disruption they faced in their lives during the pandemic, at home and at school.

At their final leaver's assembly in June, we looked back at their time at Westbourne with a fantastic montage of photos from the start of their school careers in Year 7. Thank you to Mr Burrows for his creativity and time in putting the montage together for us every year. Before they left Westbourne for pastures new, I shared my five tips for future success:

- 1) *Live your dreams, don't dream your lives.*
- 2) *Try and get a good night's sleep and live healthily.*
- 3) *Find someone to talk to if you are worried, stressed or unsure. It will help you feel better and that you are sharing the challenge.*
- 4) *Make time for others, listening is often more important than talking.*
- 5) *Finally, respect others, but also respect yourself.*

**On Wednesday 15 November, The Class of 2023** are invited back for their graduation evening when they will be presented with their exam certificates as well as subject awards for Most Progress and Significant Attainment.

Contributor: Mr A Smith—Assistant Principal

# Inflatables Day ...

After consultation with our student body at the end of last year, one of the clearest messages to come across was that of looking to offer more praise and rewards for students who consistently apply themselves in the right way and embrace the academy STAR and LORIC values.

One of a number of rewards to be born from these conversations was that of Inflatables Day, which did exactly what it says on the tin! The school field was filled with a number of fun inflatables, including an assault course, bungee run and Hungry Hippos game to name just a few.

Access to the Inflatables Day was strictly an 'invite only' event and students from each year group who had qualified for a ticket got to spend a fun hour bouncing in the sunshine throughout the day. All Westbourne students carry a STAR card within their student wallets and when they have displayed the academy STAR values of being safe, thoughtful, respectful or accountable, staff are encouraged to sign the card to acknowledge this.

As well as the total number of cards collected throughout the year contributing to the House Trophy award at the end of the year, any student who had collected at least one card per term of the school year was invited to participate. Nightingale House ticket holders were lucky enough to also get VIP access at lunch time for having the highest total of cards of the four houses.

Inflatables Day will return in 2024 - bigger and better - and students will need to complete a minimum of five STAR cards over the course of this academic year to be invited along.

**Look out for a further STAR card totals update in the autumn term as well as more praise and reward events.**





—  
SAVE  
THE  
DATE  
—

Year 11

# Prom Night

- Westbourne Year 11 Prom  
All Manor of Events, Henley  
Thursday 27th June 2024  
7.00 to 10.45pm



WESTBOURNE  
ACADEMY

INFORMATION, ADVICE AND SOURCES OF  
SUPPORT FOR YOUNG PEOPLE IN SUFFOLK

THE  
SOURCE

IF 11-19 YEARS  
YOU'RE OLD  
TEXT YOUR SCHOOL NURSE  
07507 333356  
WE HELP STUDENTS WITH ALL KINDS  
OF THINGS LIKE... SEXUAL HEALTH  
KEEPING EMOTIONAL  
HEALTHY HEALTH & WELLBEING

*Text us for confidential advice & support*

school+nurses

YOUR SUFFOLK SCHOOL NURSING SERVICE

 Suffolk  
County Council

Your text conversation is confidential and won't be shared with anyone unless we are concerned about your safety. Our service runs Monday to Friday 9am to 4.30pm except bank holidays. We aim to reply within one working day and you should get a bounce-back to confirm we got your text. If you need help before hearing back, contact a member of school staff or your doctor. Texts charged at usual rate.

# GCSE Results ...

**We are very proud of the hard work and dedication of our staff and Year 11's which paid off and produced some excellent results this summer.**

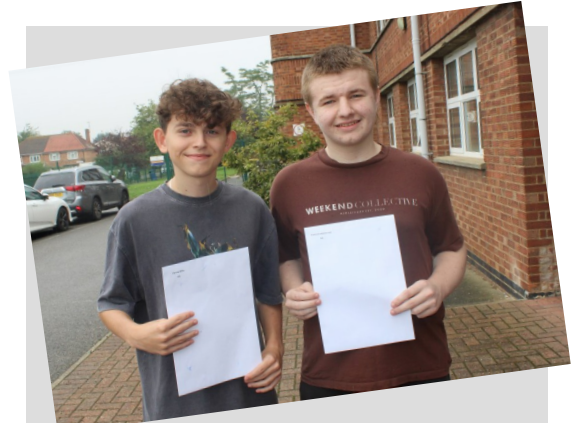
Along with the rest of the UK, these young people missed significant chunks of their schooling in Years 8 and 9. All of our staff and students have worked tirelessly to support each other, plug gaps in knowledge, and repair the foundations that were missing as a legacy of the pandemic. Particular praise goes to our vocational subjects together with Maths and Science who attained some pleasing results.

These results underline what we have achieved in our truly inclusive academy. The dedication of our excellent pastoral/SEND teams working closely with parents and carers means that many students have been able to overcome the barriers and challenges of the academic world.

Particular noteworthy students include Summer B, Ben J and Kevin S who achieved 15 grade 9's between them and Lillie L, Jess L and Emilija A who achieved a substantial number of top grades. Additionally, Mikey N and Ruby C have overcome some significant challenges and have shown exceptional resilience to achieve grades that reflect their potential.

We would like to congratulate students not only on their achievements today, but also their resilience through the post-pandemic uncharted waters. We would also like to thank parents and carers, who share in today's success, for their ongoing support.

**We wish our students all the very best as they start the next stage of their education using these results as a strong foundation.**



Contributor: Mrs M Woodhouse—Vice Principal

# We Can Be 2023 ...

73% of 11-21 year old young women believe that they will have to work harder than men.  
(Girls' Attitude Survey 2021)



**“We Can Be is a series of workshops and events that help young women see the City as a viable career option. The initiative helps develop skills, ambitions, and gives exposure to other women in the City.”**

Once again, Westbourne Academy were invited by Teach First in association with The Lord Mayor of London's Appeal to participate in We Can Be 2023. In the previous years, we have visited BDO, Allianz Global Investors, Liberty Speciality Markets, TC ICAP and Janus Henderson Investors. This year, our Year 10 students spent the morning taking part in ice breaker activities and interview sessions at the prestigious offices of global law firm, Linklaters, who are based at One Silk Street. In the afternoon, they joined 200 other students at 155 Bishopsgate, a conference and exhibition centre where they took part in a problem-solving activity, followed by opportunities to listen and ask questions to a panel of City employees about anything they wanted to know with regards to working in the City and within their sectors.



To have the chance to work with Linklaters and The Lord Mayor's Appeal on such an inspirational project again this year, was more than we could have hoped for. What our students experienced during their time with Linklaters was so much more than they could ever have expected. Everything they experienced, from going on the tube, walking along the streets of the City and visiting a global company, really did open their eyes and provided them with an experience they will never forget. To see their transformation from shy, nervous students in to chatty, confident young women talking freely to Linklater employees during the discussion activities was incredible.

We are extremely grateful for the level of thought and care that Linklaters put in to the organisation and planning of the morning session. Moreover, the Linklaters volunteers selected to spend the morning with us really helped our students feel at ease and confident. Their stories were inspiring and the way in which they welcomed, listened to and encouraged our students was amazing to see. The sheer number of people that joined us throughout the course of the day was humbling and enabled all the girls to feel included and important. One of our students was extremely nervous at the start of the day but she really came into her own and said how utterly spoilt she had been throughout the entire time she had spent with the Linklaters volunteers.

Our experience at Linklaters really was the best one yet. It was very clear to us that their staff knew exactly how to deal with teenage girls - and that isn't always the case! They were very well supported by all the volunteers, whilst at the same time, they were made to feel confident and empowered to participate fully in all the activities. All the extras that were provided for them in terms of the drinks, the goody bags and the tour of the office were so very much appreciated by them all. They definitely didn't expect to have such a wonderful experience and they were so thankful. The thank you cards they wrote to our hosts afterwards, show clearly what a positive impact this experience had on them and how it played a very real part in shaping the decisions they make about their futures.

It was a day that we will never forget. Once again, the entire We Can Be experience has made these students reconsider their next steps and realise that there is a whole other world outside the realms of Ipswich. This wouldn't have happened without all the incredible volunteers at Linklaters and the perfectly planned programme that was put together for us.





# We need Foster Carers throughout Suffolk

Scan the QR code to find out more  
or call us on 01473 264800



Contributors: Ms M Abbott - SENDCO & Miss O Degville—Teaching Assistant

# Community Hub ...

**WA Community Hub events take place once a month between 15:00 – 16:30 in the main hall.**

All are welcome to come along for hot/cold drinks and refreshments. There will be an opportunity to access advice, purchase pre-loved uniform and stationery packs; pick up any sanitary products and, for £2 in cash, collect a bag of food. There will also be opportunities to pick up an assortment of donated books, games, toys, clothing and bedding. All purchases of pre-loved uniform and stationery packs will need to be in cash only, not card. You will also be able to swap uniform items for other sizes if your child has outgrown them.

**The WA Community Hub is reliant on donations from local organisations and from the local community, so we would be really grateful for any donations of unwanted items which you may have at home. Donations can be dropped off at Reception between 08:00 - 15:15 weekdays in term time.**



**Westbourne  
Community Hub  
Events 15:00 - 16:30**  
**Monday 30 Oct**  
**Monday 27 Nov**  
**Monday 18 December**  
**Monday 29 January**  
**Monday 26 February**  
**Monday 25 March**  
**Monday 22 April**  
**Monday 20 May**  
**Monday 17 June**  
**Monday 8 July**

# Vaccinations ...



## **A reminder for parents and carers of the importance of routine immunisations in teens.**

The national routine childhood immunisation programme has a direct positive impact on the health and wellbeing of children and communities and is vital to reduce the spread of infection and prevent outbreaks.

In addition to the flu and COVID-19 vaccines that have been offered to school-aged children this academic year, teenagers are routinely offered 3 vaccines in secondary schools:

1. **human papillomavirus (HPV) vaccine in Years 8 and 9**
2. **menACWY vaccine in Year 9**
3. **Td/IPV (3-in-1 booster) in Year 9**

The delivery of these routine adolescent immunisation programmes has been significantly impacted by the COVID-19 pandemic and vaccine coverage is still not at pre-pandemic levels. The UK Health Security Agency (UKHSA) and NHS England and NHS Improvement (NHSEI) are reminding parents and carers about the important protection these immunisations provide. They are also encouraging take up and catch up of vaccinations for anybody who has missed out.

**The vaccination team will be visiting Westbourne on  
Thursday 7 March 2024  
(to give menACWY+DTP vaccinations to students in  
Years 9 who have prior parental consent)**



UK Health  
Security  
Agency

**NHS**

# Protect yourself against flu

## Flu immunisation in England

Information for those in secondary school



### How will the vaccine be given?

It is usually given as a nasal spray.

### So how does the nasal spray work?

The nasal spray contains viruses that have been weakened to prevent them from causing flu but will help you to build up immunity.

The vaccine is absorbed quickly in the nose so, even if you sneeze immediately after having had the spray, there's no need to worry that it hasn't worked.

### Are there any side-effects of the vaccine?

You may develop a runny or blocked nose, headache, general tiredness and some loss of appetite. However, these are much less serious than developing flu and its complications. Serious side-effects are uncommon.

## 5 reasons to have the flu vaccine

### 1. Protect yourself.

The vaccine will help protect you against flu and serious complications such as bronchitis and pneumonia

### 2. Protect your family and friends.

Having the vaccine will help protect more vulnerable friends and family

### 3. No injection needed.

The nasal spray is painless and easy to have

### 4. It's better than having flu.

The nasal spray helps protect against flu, has been given to millions worldwide and has an excellent safety record

### 5. Avoid lost opportunities.

If you get flu, you may be unwell for several days and not be able to do the things you enjoy

### Where can I get more information?

Visit [www.nhs.uk/child-flu](http://www.nhs.uk/child-flu) for more information. Talk to the school immunisation team, your GP, or practice nurse if you have any further questions.

### What about those young people who have a long-term health condition?

If you have a health condition that puts you at higher risk of serious complications from flu, you should have the flu vaccine every year. If you have one of these health conditions and are not in one of the groups being offered flu vaccine at school, you can also ask your GP surgery to give you the vaccine. You can also ask your GP surgery to do this if, for example, you don't want to wait until the school vaccination session.

**NHS**



*Contributor: Mr J Pashler - Teacher of Science & CCF Contingent Commander*

# Westbourne CCF ...

## Overnight Field Day – Exercise Westbourne Warrior

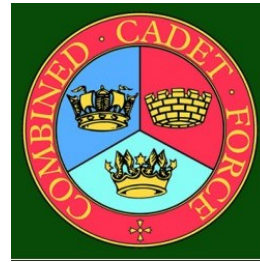
On an extraordinarily blustery March day, Westbourne CCF deployed to Eastmere FOB (Forward Operating Base) on STANTA training area in Thetford. Awaiting them, for many, was their first overnight exercise and lots of activities.

After taking up residence in a farm block to shelter from the wind and the provided portaloos cartwheeling around the base, we headed out to learn all sorts of military skills. There were lessons on how and why things were seen, how to give enemy locations, judging distances and moving with and without the weapon, which involved some crawling on their belt buckles in the grass and mud!

The Year 10 cadets did an extended navigation exercise – using their compass and maps to navigate a course with the Year 11s to repeat the same course... but at night!

As the night drew in, the cadets saw how different noises can appear at night time – the still air allowing noises to travel easily and far, even if it was at one point a quite awful choice of music!





The flash of blank rounds and the noise really travelled far. This also led to a staple favourite of our cadets – the stalk! How close can they sneak up to the walls of the base without being spotted and illuminated by the wandering torch.

After a night spent indoors, which the cadets found colder than they were expecting, it was time for more activities, some ration pack breakfasts and some bleary eyes. The cold and wind meant that the fuss about any food options was replaced by the warmth of some food and a good cuppa.

**Some blank firing and patrolling greeted us on the second day before the very quiet coach back. As always, the efforts of the cadets who threw themselves into the challenges was admirable.**

# Culture Capital ...



**“A golden thread, woven through everything you do to teach children well”**  
*(Ofsted Chief inspector Amanda Spielman called cultural capital)*

**So what is it?** It is the “learned experience of the child: formal, informal, within the classroom and beyond.” Culture Capital is about exposing students to a large variety of subject areas and arts; promoting character-building qualities that lead to creating well-rounded, global citizens, and of course the more typical expectation of education, which is to provide young people with recognised and meaningful qualifications that will open up doors to paths in later life. Basically, the more culture capital students are exposed to, the more powerful they become!

**What should that learned experience be?** First and foremost, a broad, balanced and carefully planned curriculum. It is about during discrete lessons, VT themed discussions and assemblies, celebrating all types of diversity; to prepare students for life in modern Britain; learning about different cultures within our community and those communities students have no prior experience of, so they will learn to value each other’s cultures and those they will encounter in society as well as their own.

**How is culture capital integrated into student life at Westbourne?** Each week in tutor time, a specific topic is identified for discussion based on current affairs, world events or awareness days. In assemblies throughout the year students hear about a range of topics such as loyalty, resilience, Remembrance Day, Harmful Sexual Behaviour and Safeguarding, Positive Mindset and why healthy choices are important. As a community we also mark various worldwide and nationwide awareness weeks such as Road Safety Week, Mental Health Awareness Week, Young Carers, Heroes, World Poetry Week, School Diversity Week and Hello Yellow Day.

Our community support for charitable causes is also another great way in which students and staff have come together throughout the year to do something positive for those less fortunate than themselves: MacMillan Cake Sale, Rainbow Friday, Christmas Jumper Day, the Big Litter Pick, Show Racism the Red Card Day, The Big Hoot and in 2022, the DEC Appeal for Ukraine.

**What is the value of extra-curricular experiences and trips?** Giving students the opportunity to join in with extra-curricular clubs, sports events, House competitions and go on trips out of school adds to their cultural experiences. Through our core values of STAR and LORIC, students develop their character, learn about social norms, recognise that as young adults they need to sometimes show leadership skills, be well organised, be resilient to challenge and change, be independent and also communicate well.

# The Source ...

**Suffolk County Council's Children and Young People's Engagement Hub team have launched their new website 'The Source' – for young people in Suffolk, which provides information, advice, and sources of support on everyday issues that impact youngsters.**

This has been a yearlong project which has involved extensive co-production work with young people's groups, schools, and colleges to get the new Source website redeveloped.

The new Source website, which launched on Monday 27 March, has a new trendy appearance, improved accessibility tools, a modernised CV builder, a much friendlier layout with only four easy-to-navigate menu sections (Your Future, Your Body, Your Mind and Your Life), and a new 'Ask the Expert' and 'Find help now! Emotional Wellbeing Directory' to help navigate young people to where they can find support services.

The new Source website is aimed at supporting young people aged 12-25 years of age but also provides a valuable resource for educational staff, and parents and carers, who support young people, particularly around relationships and sex education (RSE), inclusion, careers guidance and emotional wellbeing.

To explore the new Source website for young people in Suffolk, go to: [www.thesource.me.uk](http://www.thesource.me.uk)

Watch this walkthrough video which shows you around the new Source website:

**[New 'The Source' Walkthrough - YouTube](#)**

Instagram: @ehub\_

Facebook: @thesourcewebsite

Twitter: @sourcesuffolk



*INFORMATION, ADVICE AND SOURCES OF  
SUPPORT FOR YOUNG PEOPLE IN SUFFOLK*

# Design Technology ...

**Year 9 students have excelled themselves this in Design Technology year!**

First, students practised and experimented with different wood joints, plastic forming and shaping techniques and handheld tools and machinery.

Students were then challenged to design and produce a multimedia lamp incorporating string LED lights. The lamp had to be made from a minimum of two different materials and could be made with any joining and finishing methods of their choice.

This proved to be a challenging project that required students to be creative, problem solve, consider the manufacturing process, and ensure a quality finish.



**The results speak for themselves, with many of these students choosing Design Technology or 3D Design for their GCSEs in Year 10. We look forward to seeing what they produce next!**

Contributor: Mr A Smith - Assistant Principal

# rainbow friday

**As part of school diversity week, Westbourne Academy were proud to once again be supporting Rainbow Friday, organised by the charity, Just Like Us, who look to tackle anti LGBT+ bullying in schools. The day was the culmination of a week of events to recognise the discrimination that many young LGBT+ people experience and to reinforce the message that 'everyone is welcome' here at Westbourne.**

Students and staff were allowed to wear non-uniform and encouraged to wear their brightest 'rainbow' colours to show support for the message. Donations to the charity were not asked for on this occasion, as we were looking to raise awareness rather than money for the cause.

Supporting the mental health and wellbeing of our young people is of the utmost importance to us and therefore it was fantastic to see the academy community coming together as one to support such an important event. Recent independent research has highlighted that 42% of LGBT+ school pupils have been bullied, which is double the number of non-LGBT+ pupils. They are also twice as likely to have depression and be lonely than their peers and we believe that no young person should have to feel like this within their school community.

The academy will be participating in School Diversity Week in June 2024 and we will also have some extremely exciting plans for the Spring term when we will be organising a series of events to acknowledge and celebrate the wonderfully diverse and multi-cultural nature of our community. Look out for further details of how both students and parents can contribute to our inaugural '*Culture & Diversity Week*' celebrations, in what promises to be a very exciting project!



**just like us**  
THE LGBT+ YOUNG PEOPLE'S CHARITY



*Contributor: Mr A Smith—Assistant Principal*

# Great Big School Clean ...

**On Saturday 6 May, many people were hanging out the bunting and prepping the sandwiches for the street parties that would celebrate the coronation of Charles III and his wife Camilla as King and Queen of the United Kingdom. Twenty community spirited Westbourne students and a number of staff were showing their pride in Britain by giving up their Saturday morning to come into school and take part in our annual litter pick.**

The event was our contribution to the Great Big Spring & School Clean 2023, the nation's biggest mass action environmental campaign. A number of the Year 8 students were 'returning contributors' having taken part in the event in 2022 as well - thankfully, we were blessed with slightly cooler weather than the year before for litter picking.

The students split into small teams and, accompanied by staff, combed the surrounding streets, the park and of course the playgrounds and playing fields of the academy, looking to be the team that could fill their bags with the most discarded rubbish. We will be taking part again in Spring 2024, so look out for details if you would like to become involved.

As a thank you and reward for the hard work of students and staff, we had a celebratory BBQ and ice creams within the academy grounds. Our thanks must go to Suffolk County Council for the loan of the litter picking equipment and also my personal thanks to Mr Clarke, Miss Feakes, Mr Pashler, Mrs Price and Mr Hirst as well, for giving up their free time to support the initiative.



**EDUCATE FUTURE GENERATIONS**



Contributor: Mr D Payne - CEIAG Coordinator

# Construction ...



**No, we're not having a new building, simply making sure that the next generation of builders, surveyors and project managers are suitably qualified.**

Over the course of this academic year a group of Year 10 students have attended the Eastern Region Training centre in Suffolk every Wednesday to complete a BTEC Level 2 in Construction in The Built Environment. This has been part of a combined project between the academy, Eastern Region Training and the North West Ipswich Big Lottery Trust.



Along with classroom lessons covering all aspects of construction, the students have also been tasked with completing either a mini bathroom or kitchen to show off their practical skills. As part of their training they were also able to visit a live construction site to see how their new qualification could translate into opportunities beyond high school.



# Post-16 Taster Days ...



**As part of the academies drive to ensure all students leave Westbourne and move onto aspirational and suitable post-16 experiences, every student in Year 10 is given the opportunity to spend the day as a 'college' student at one of our local providers.**

Some decided that Suffolk New College was the place to go where their choices ranged from Catering to Hairdressing to Music Production and they immersed themselves in a series of vocational courses.

Others felt that a day at Northgate Sixth Form was their ideal experience. Whilst there, they went through a series of revision technique sessions, an escape room exercise and a tour of the campus with some sixth form ambassadors before Domino's pizza for lunch.

'Chunking' was the word of the day – not because of the pizza but instead as a technique to help remember vital (or in some cases useless) information.

The final group of students spent their day at Suffolk One, a bespoke post-16 facility offering both A Level and Vocational courses for our students to consider.

Once again, our students were exposed to state-of-the-art facilities, a range of subjects not taught at Key Stage 4 and a sense of where their studies might take them in the future. Their behaviour and engagement was excellent and aspirations were certainly raised a notch or two.



Photo Credits: Mrs S Stalford

# Student Showcase ...

**Ebony C has been a part of the CTC theatre company since she was 3 years old. Now in her 10th year, Ebony has been involved with 14 shows overall including; Hairspray, Les Miserable, Oliver and Jesus Christ Superstar. Earlier this year, she was lucky enough to have performed the lead role as "Moana". Ebony says she hopes to continue on and perform in many more productions.**



Contributor: Suffolk Police

# Suffolk HOPE Awards ...

**Earlier this year, Suffolk Constabulary, Suffolk County Council and their partners chose the winners of the third Suffolk HOPE Awards - launched during National Hate Crime Awareness Week - to recognise and celebrate the positive contributions that young people make within the county.**

The winners of the 2022/2023 awards were chosen by a panel of judges from Suffolk Police and Suffolk County Council. The Suffolk HOPE Awards, which are part of the annual Hate Crime Awareness campaign, value and promote diversity, acts of respect and kindness. Judges were impressed by everyone nominated as they all showed excellent demonstrations of teamwork and determination.

We were delighted to see the names of ex-Westbourne students as part of the list of winners for the 6th Form 'Diversity' category. 'Our Girls Where You At' Group which included Maddie H, Amy W and Maja P were nominated by their group facilitator after being involved in social action projects as part of their membership to the Future Female Society. One project was around diversity and inclusion and included interviews exploring topics including neurodiversity and diversity, racism and black history month which was played on BBC Radio Suffolk.

*Content and images provided by Suffolk Police*

**SUFFOLK  
HOPE  
AWARDS**



# House Trophy Results ...



At our end of year whole school assembly in July 2023, staff and students came together to celebrate the end of another academic year and find out which House had won the 2023-23 trophy. Points are accumulated by students throughout the year based upon attendance, LORIC points, organisation, sports day, STAR cards, extra-curricular involvement, literacy, inter-house competitions and charity events.

## House Trophy Results - July 2023

Category:

## Sports Day

(1<sup>st</sup> = 4pts / 2<sup>nd</sup> = 3pts / 3<sup>rd</sup> = 2pts / 4<sup>th</sup> = 1 pt)

Summer Term	YEAR TOTAL
Nightingale (4)	Nightingale - 4
Churchill (3)	Churchill - 3
Ramsey (2)	Ramsey - 2
Ennis (1)	Ennis - 1

## Student of the Term

(1<sup>st</sup> = 4pts / 2<sup>nd</sup> = 3pts / 3<sup>rd</sup> = 2pts / 4<sup>th</sup> = 1 pt)

Term 1	Term 2	Term 3	YEAR TOTAL
Ennis (4)	Churchill (4)	Ennis (4)	Ennis - 9
Ramsey (3)	Ramsey (3)	Ramsey (3)	Ramsey - 9
Nightingale (2)	Nightingale (2)	Churchill (2)	Churchill - 7
Churchill (1)	Ennis (1)	Nightingale (1)	Nightingale - 5

## Highest LORIC Points

(1<sup>st</sup> = 4pts / 2<sup>nd</sup> = 3pts / 3<sup>rd</sup> = 2pts / 4<sup>th</sup> = 1 pt)

Half Term 1	Half Term 2	Half Term 3	TOTALS UP TO HT3
Nightingale (4)	Nightingale (4)	Nightingale (4)	Nightingale - 12
Churchill (3)	Churchill (3)	Ramsey (3)	Churchill - 7
Ramsey (2)	Ennis (2)	Ennis (2)	Ramsey - 6
Ennis (1)	Ramsey (1)	Churchill (1)	Ennis - 5

## Highest 100% Club Attendees

(1<sup>st</sup> = 4pts / 2<sup>nd</sup> = 3pts / 3<sup>rd</sup> = 2pts / 4<sup>th</sup> = 1 pt)

Half Term 1	Half Term 2	Half Term 3	TOTALS UP TO HT3
Churchill (4)	Nightingale (4)	Nightingale (4)	Nightingale - 11
Nightingale (3)	Churchill (3)	Ramsey (3)	Ramsey - 6
Ennis (2)	Ramsey (2)	Churchill (2)	Churchill - 9
Ramsey (1)	Ennis (1)	Ennis (1)	Ennis - 4

Half Term 4	Half Term 5	Half Term 6	YEAR TOTAL
Nightingale (4)	Nightingale (4)	Nightingale (4)	Nightingale - 24
Ramsey (3)	Ennis (3)	Ennis (3)	Ennis - 13
Ennis (2)	Churchill (2)	Churchill (2)	Churchill - 12
Churchill (1)	Ramsey (1)	Ramsey (1)	Ramsey - 11

Half Term 4	Half Term 5	Half Term 6	YEAR TOTAL
Ramsey (4)	Nightingale (4)	TBA Sep 2023	Nightingale - 18
Nightingale (3)	Ramsey (3)	TBA Sep 2023	Churchill - 13
Churchill (2)	Churchill (2)	TBA Sep 2023	Ramsey - 13
Ennis (1)	Ennis (1)	TBA Sep 2023	Ennis - 6

## Highest Overall Attendance

(1<sup>st</sup> = 4pts / 2<sup>nd</sup> = 3pts / 3<sup>rd</sup> = 2pts / 4<sup>th</sup> = 1 pt)

Half Term 1	Half Term 2	Half Term 3	TOTALS UP TO HT3
Nightingale (4)	Churchill (4)	Nightingale (4)	Nightingale - 11
Ramsey (3)	Nightingale (3)	Ramsey (3)	Ramsey - 8
Ennis (2)	Ramsey (2)	Ennis (2)	Churchill - 6
Churchill (1)	Ennis (1)	Churchill (1)	Ennis - 5

## Totals 2022/23

Half Term 1	Half Term 2	Half Term 3	TOTALS UP TO HT3
Churchill (30)	Nightingale (37)	Churchill (32)	Nightingale - 92
Nightingale (25)	Ramsey (29)	Ramsey (31)	Churchill - 86
Ramsey (21)	Churchill (24)	Nightingale (30)	Ramsey - 81
Ennis (14)	Ennis (20)	Ennis (19)	Ennis - 53

Half Term 4	Half Term 5	Half Term 6	YEAR TOTAL
Churchill (4)	Nightingale (4)	Nightingale (4)	Nightingale - 22
Nightingale (3)	Ramsey (3)	Ramsey (3)	Ramsey - 15
Ennis (2)	Churchill (2)	Churchill (2)	Churchill - 14
Ramsey (1)	Ennis (1)	Ennis (1)	Ennis - 9

Half Term 4	Half Term 5	Half Term 6	YEAR TOTAL
Nightingale (32)	Nightingale (28)	Nightingale (29)	Nightingale - 175
Ramsey (30)	Churchill (22)	Churchill (24)	Churchill - 158
Churchill (26)	Ramsey (18)	Ramsey (22)	Ramsey - 151
Ennis (14)	Ennis (13)	Ennis (15)	Ennis - 95

House Trophy winner for 2022/23

**NIGHTINGALE HOUSE**

**Congratulations to you all!**

# Sports Day 2023 ...

## SPORTSDAY 2023 RESULTS

	TRACK	POS	V/JUMP	POS	S/B	POS	SLJ	POS	S/PUTT	POS	TOTAL	POS
CHURCHILL	152 pts	2ND	303 pts	2ND	348 pts	1ST	280 pts	2ND	318 pts	2ND	1401pts	2ND
ENNIS	136 pts	3RD	301 pts	3RD	227 pts	4TH	261 pts	4TH	305 pts	3RD	1230pts	4TH
NIGHTINGALE	172 pts	1ST	355 pts	1ST	308 pts	2ND	317 pts	1ST	289 pts	4TH	1441pts	1ST
RAMSEY	122 pts	4TH	289 pts	4TH	264 pts	3RD	279 pts	3RD	333 pts	1ST	1287pts	3RD



# Safer Schools ...



The online world can be a bit overwhelming at times but it is important we understand what our children are doing online so we can help make them safer. The Safer Schools App aims to help with this.

We are delighted to invite you to download our Safer Schools App.

The App is designed to support and protect children by educating and empowering them both at school and at home. Through their student log-in, your children gain access to information that is relevant to them and, with the parent version, you will receive tips and advice on how to keep them safer online. The log-in for parents and carers is different than the one for students. The image shown here is for students.

**Log in instructions for parents and students can be found on our website here:**

[Safer Schools App - Westbourne Academy](#)

[attrust.org.uk](http://attrust.org.uk)



**Excited? Ready to be safer? Download the Safer Schools App now!**

**Make sure to enable push notifications to keep up-to-date with tips, advice and guidance on how to make you safer online.**

# My Child's First Device

5 Steps to Make Phones, Tablets, and Laptops Safer

You might be deciding to give your child their first phone, tablet, or laptop (or third, fourth, fifth – even a new update). This is a big decision! The responsibility and freedom that comes with owning a device is a big step for children – and you! It might even be their first “grown up” responsibility.

As a parent or carer, it's important to remember that even if a child is tech-savvy, they need to be taught how to be tech-safe. We know this can be daunting with various device brands, apps, and settings to choose from. Our online safety experts have created 5 steps to help you make that first device (or brand-new model!) safer for the child or young person in your care.



## Remember!

This is an exciting time in your child's life! You want to be a part of that in a positive way that encourages them to share with you and trust you. If you take the time to teach them, they will be empowered in their online actions and behaviours for the better.

1

### Do your homework

Make sure your home environment is secure and ready for your child to be online. Many major broadband providers offer age restriction settings so check with your provider to ensure these restrictions are put in place.

Many retailers offer free Parental Controls to their customers. You can find Parental Control walkthroughs on most popular provider websites.

Check the device's brand website for simple walkthroughs of where to find privacy settings on your child's specific device.



2

### Set up the device with your child

Taking the time to sit down with your child and set up the device together will help you both get to know how the device works, allow you to implement SafeSearch filters on search engines, and set up in-app purchase restrictions. You can use the device settings to set up agreed upon restrictions, like Screen Time and App Limits.

Explain why these settings are important to protect children and young people from online risks and that these restrictions will be lifted when they are old enough. Ensure your personal account is set as the Parent account and make sure your parental control PIN number is secure and random.



3

### Discuss and agree on healthy phone and device habits

Once the device has been set up, take the time to agree on some healthy rules and boundaries for how they will use the device. This can include rules like when and where they can use their device, screen time allowance and which apps are allowed to be used.

Be realistic on what will work in your household. If your child has friends with different rules, remind them that what works for one family might not work for another! As the parent or carer, you are responsible for the way your child uses their device and they will need guidance, especially if this is your child's first independent responsibility.



4

### Check-in with your child

Check-in with your child about their device use. It doesn't have to be a big sit-down conversation! Informal chats over the dinner table, in the car or while watching television as a family can have the biggest impact. Ask questions like, “Tell me about your favourite app! Why do you like to use it?” or, “How has your device helped you today?”.

Online safety is never a one-off conversation – it's a continuing dialogue. Show your child that you're interested in their responses and thoughts to foster an environment of openness and trust between you and the child in your care.



5

### Keep Yourself Informed

We live in a digital world that changes daily. The most responsible thing you can do in keeping your child's device safe is to keep yourself informed.

Stay alert to trends and threats that they may be exposed to. With many companies beginning to offer “kid” versions of their platforms, knowing what is safe and what is suspect will help you make the best decision for your child. Luckily, we have some excellent resources to assist you that are reliable and relevant. Visit our website and social media pages.

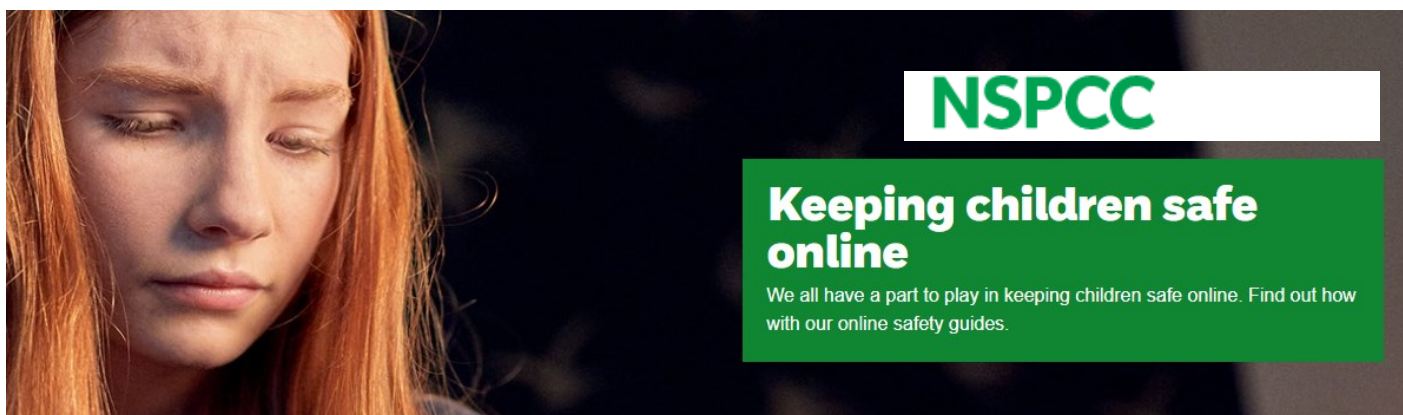


SAFER SCHOOLS   
oursaferschools.co.uk



oursafetycentre.co.uk  
How to stay safer on popular platforms

# Online Safety ...



**“Talking to your child about online safety. Online life and offline life is just life – if you are worried, then advice and support is available from the NSPCC.**

For many of us, we see our online lives and offline lives as different, but children are growing up with technology and the internet and for them there isn't a difference; online life and offline life is just life.

Technology can move at an extraordinarily fast pace and it can be difficult to know how to start talking to your child about what they're doing online, who they might be speaking to or discussing the potential risks and issues.”

As well as conversation starters, tips and resources for parents, there is lots more information available for free on the NSPCC website here:

[https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/?utm\\_source=Adestra&utm\\_medium=email&utm\\_content=Talking%20to%20your%20child&utm\\_campaign=2022\\_Mar\\_CSO-newsletter](https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/?utm_source=Adestra&utm_medium=email&utm_content=Talking%20to%20your%20child&utm_campaign=2022_Mar_CSO-newsletter)

**You can sign up online with the NSPCC to get to online safety news and advice straight to your inbox as well as latest online safety advice, tips and campaign news.**

## **Need to talk to someone?**

Call them on 0808 800 5000 or email [help@nspcc.org.uk](mailto:help@nspcc.org.uk) to get advice and support from safeguarding experts.



# Skills for Life ...

**You don't need to know  
where you're going  
to get going**

Whether you know where you're headed in the future or not, knowing the work and study choices available to you is a great place to start.



In December 2023, Year 11 students will be applying for their post-16 options. To help them to take their next step, the [Get the Jump Skills for Life hub](#) on the National Careers Service has everything young people need to know about their options, including key information on resits, clearing, appeals, and more. Pupils can also chat to an expert careers adviser for free, impartial support to help them choose the option that's right for them.

The National Careers Service has launched a new tool for young people, teachers, parents and carers where you can explore career choices as well as find out about:

- Apprenticeships
- T Levels
- Traineeships
- Vocational Technical Qualifications (VTQs)
- Higher Technical Qualifications (HTQs)
- A Levels
- Higher Education
- Supported Internships
- School Leaver Schemes

**You can also chat to one of their careers advisers by webchat or calling 0800 100 900 (8am—8pm Monday to Friday).**

# Rubik's Cube Club ...

**Mr Bouckley's Rubik Cube Club runs every Friday afternoon until 15:30 in the Library.**

Come along and learn how to solve it, stage by stage. When you have mastered it, you will be given your very own cube to keep. Learn the LORIC value of resilience and learn a life-long skill that your friends will envy.

- great for mental maths
- great for wellbeing
- great to calm the nerves when you get overwhelmed by revision in Year 11
- great for downtime from your phone

*The Rubik's Cube is was originally invented in 1974 by Hungarian sculptor and professor of architecture Erno Rubik.*



the national sleep helpline

## Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

**WE CAN HELP**

**03303 530 541**  
Sunday - Tuesday & Thursday 7pm - 9pm  
Wednesday 9am - 11am

the national sleep helpline

**50%**

**Around 50% of children will have a sleep issue at some point\***

**WHAT IS THE NATIONAL SLEEP HELPLINE?**  
In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

**HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?**

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

**03303 530 541**  
Sunday - Tuesday & Thursday 7pm - 9pm  
Wednesday 9am - 11am

POWERED BY the sleep charity

IN PARTNERSHIP WITH Furniture Village

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\*Survey of 2,000 adults by OnePoll, Aug 2021

# Key Dates & Events...

## November 2023

<b>Mon 13th</b>	School photo mop-ups
<b>Wed 15th</b>	Class of 2023 Graduation Evening 18:00 - 20:00
<b>Thu 16th</b>	Academy Awards Evening 2023
<b>Fri 24th</b>	Staff PD Day (non-pupil day)

## December 2023

<b>Fri 1st</b>	Y11 progression interviews in the library
<b>Wed 13th</b>	Cinderella the Musical 19:30
<b>Thu 14th</b>	Cinderella the Musical 19:30
<b>Fri 15th</b>	Cinderella the Musical 15:45 & 19.30
<b>Mon 18th</b>	Y11 Rewards Trips
<b>Tue 19th</b>	Christmas Jumper Day & Christmas Lunch
<b>Wed 20th</b>	Whole school assembly P4 / Early close

## January 2024

<b>Wed 3rd</b>	Staff PD Day (non-pupil day)
<b>Thu 4th</b>	1st day back for students
<b>Thu 11th</b>	Y9 parent evening 16:00 - 19:00
<b>Thu 25th</b>	Y10 parent evening 16:00 - 19:00

Click here to view more key dates on our website:

[Academy Calendar and Term Dates - Westbourne Academy  
\(attrust.org.uk\)](https://attrust.org.uk)

# Term Dates 23/24 ...

September 2023						
M	Tu	W	Th	F	S	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2023						
M	Tu	W	Th	F	S	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023						
M	Tu	W	Th	F	S	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023						
M	Tu	W	Th	F	S	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024						
M	Tu	W	Th	F	S	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024						
M	Tu	W	Th	F	S	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024						
M	Tu	W	Th	F	S	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024						
M	Tu	W	Th	F	S	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30


May 2024						
M	Tu	W	Th	F	S	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024						
M	Tu	W	Th	F	S	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2024						
M	Tu	W	Th	F	S	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August 2024						
M	Tu	W	Th	F	S	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

 Suffolk CC School Holidays  
 Bank Holidays UK

 Staff Training (Non-Pupil Days)  
Fri 1st Sep, Fri 24 Nov, Wed 3 Jan, Fri 9 Feb & Fri 28 June

# Term Dates 24/25 ...

September 2024						
M	Tu	W	Th	F	S	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2024						
M	Tu	W	Th	F	S	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November 2024						
M	Tu	W	Th	F	S	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December 2024						
M	Tu	W	Th	F	S	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

January 2025						
M	Tu	W	Th	F	S	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 2025						
M	Tu	W	Th	F	S	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March 2025						
Mo	Tu	W	Th	F	S	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2025						
M	Tu	W	Th	F	S	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2025						
M	Tu	W	Th	F	S	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2025						
M	Tu	W	Th	F	S	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2025						
M	Tu	W	Th	F	S	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2025						
M	Tu	W	Th	F	S	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

 Suffolk CC School Holidays

 Staff Training (Non-Pupil Days) Confirmed  
Mon 2 & Tue 3 Sep, Mon 6 Jan

 Bank Holidays UK

 2 Staff PD days to be confirmed in Feb and June

# Contact Details ...

Admissions: [wes-admissions@attrust.org.uk](mailto:wes-admissions@attrust.org.uk) or 01473 466136

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Safeguarding concerns: [carol.clarke@attrust.org.uk](mailto:carol.clarke@attrust.org.uk) or 01473 466149

## VISION & VALUES:

**Westbourne is an inclusive academy. We support all students, regardless of starting point, to achieve their potential and develop the skills necessary for employment and life.**

Westbourne Academy, Marlow Road, Ipswich, Suffolk. IP1 5JN

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Principal: Mr M Bouckley Chair of Governors: Miss C Rayner

**Suffolk Family Carers**  
Living Fuller Lives

