

# Westbourne Academy

## Scheme of Work for Year 8 PSHE for 2023-2024

	Week	Week Number	Scheme of work overview:						
			M	T	W	T	F	Year 8 PSHE	GLH
August	28/08/2023	1							
September	4/09/2023	1						Year 8 PSHE Introduction 15mins max – Start lesson 2	1
	11/09/2023	2						Leadership styles	2
	18/09/2023	1						Micro leadership	3
	25/9/2023	2						Gang life and the consequences	4
October	2/10/2023	1						Cyberstalking, online bullying and trolling	5
	9/10/2023	2						Social Media	6
	16/10/2023	1						Masculinity – Being a great man	7
	23/10/2023								
	30/10/2023	2						Boys Puberty	8
November	6/11/2023	1						Relationships – Same sex couples	9
	13/11/2023	2						Grooming	10
	20/11/2023	1						Sex education – Harassment and the law	11
	27/11/2023	2						Sex education – A basic guide to contraception	12
December	4/12/2023	1						Revision /End of term test /Reflection	13
	11/12/2023	2						Quiz of the year or catch up opportunity	14
	18/12/2023								
	25/12/2023								
January	1/01/2024	2						Introduction to debating	15
	9/01/2024	1						Using debating skills to improve my work	16
	16/01/2024	2						Emotional literacy – Self-awareness and sensitivity	17
	23/01/2024	1						Confidence and achievement	18
	30/01/2024	2						Human rights	19
February	5/02/2024	1						British values – The criminal justice system	20
	12/02/2024	2						British values – Tolerance	21
	19/02/2024								
	26/02/2024	1						The value of money	22
March	4/03/2024	2						The importance of sleep and routines	23
	11/03/2024	1						Gaming addiction	24
	18/03/2024	2						Jesy Nelson – Odd one out part 1	25
	25/03/2024	1						Revision /End of term test /Reflection	26
April	1/04/2024								
	8/04/2024								
	15/04/2024	2						Jesy Nelson – Odd one out part 2	27
	22/04/2024	1						Reducing our carbon footprint	28
	29/04/2024	2						Vaccinate or not to vaccinate that is the question	29
May	6/05/2024	1						Infection control	30
	13/05/2024	2						Growth mindset	31
	20/05/2024	1						Evaluate my strengths and weaknesses	32
	27/05/2024								
June	3/06/2024	2						Maximising output	33
	10/06/2024	1						Problem solving	34
	17/06/2024	2						Body Image	35
	24/06/2024	1						Personal safety – basic first aid and CPR	36
July	1/07/2024	2						Revision /End of term test /Reflection and Review of the year	37
	8/07/2024	1						Staying safe for the summer	38
	15/07/2024	2							

Colour	Key
	Organisation /Careers
	Wellbeing, mental health and e-safety
	Kindness and values
	Communication
	Resilience and initiative
	Leadership
	Living without harm
	Assessment