

# Westbourne Academy

## Scheme of Work for Year 10 PSHE for 2023-2024

	Week	Week Number	Scheme of work overview:						
			M	T	W	T	F	Year 10 PSHE	
									GLH
August	28/08/2023	1							
September	4/09/2023	1						Introduction to citizenship	1
	11/09/2023	2						Rights and responsibilities	2
	18/09/2023	1						Introduction to Government and politics	3
	25/9/2023	2						What is money?	4
October	2/10/2023	1						Tax	5
	9/10/2023	2						UK economy	6
	16/10/2023	1						Personal finance	7
	23/10/2023								
	30/10/2023	2						Economic booms and recessions	8
November	6/11/2023	1						How the economic system works	9
	13/11/2023	2						Inflation and interest	10
	20/11/2023	1						Foreign exchange	11
	27/11/2023	2						Financial planning	12
December	4/12/2023	1						Life stages of finance	13
	11/12/2023	2						Revision /End of term PRE - test	14
	18/12/2023								
	25/12/2023								
January	1/01/2024	2						Revision /Reflection	15
	9/01/2024	1						Finance test	16
	16/01/2024	2						Online safety	1
	23/01/2024	1						Understanding and managing risk	2
	30/01/2024	2						Mental health – Self esteem	3
February	5/02/2024	1						Mental health – Resilience	4
	12/02/2024	2						Mental health – Body image and eating disorders	5
	19/02/2024								
	26/02/2024	1						The structure of a debate	6
March	4/03/2024	2						Using debate to improve school work	7
	11/03/2024	1						How to write a newspaper article	8
	18/03/2024	2						Knife crime	9
	25/03/2024	1						County lines part 1	10
April	1/04/2024								
	8/04/2024								
	15/04/2024	2						County lines part 2	11
	22/04/2024	1						Mental health – The dangers of gambling	12
	29/04/2024	2						Sex education – Contraception	13
May	6/05/2024	1						Se x education – Parenthood and teenage pregnancies	14
	13/05/2024	2						Sex education – STIs	15
	20/05/2024	1						Sex education – Accessing support for sexual health concerns	16
	27/05/2024								
June	3/06/2024	2						Sex education – FGM	17
	10/06/2024	1 UPD						Sex education – CSE	18
	17/06/2024	2						Sex education – Sending nudes and its consequences*	19
	24/06/2024	1						Life style choices - alcohol	20
July	1/07/2024	2						End of year 10 PSHE review	21
	8/07/2024	1						Life style choices - drugs	22
	15/07/2024	2							

Colour	Key
	Organisation /Careers /Finance
	Wellbeing, mental health and e-safety
	Kindness and values
	Communication
	Resilience and initiative
	Leadership
	Living without harm
	Assessment