



WESTBOURNE ACADEMY

The Westbourne Academy KS4 Physical Education Journey

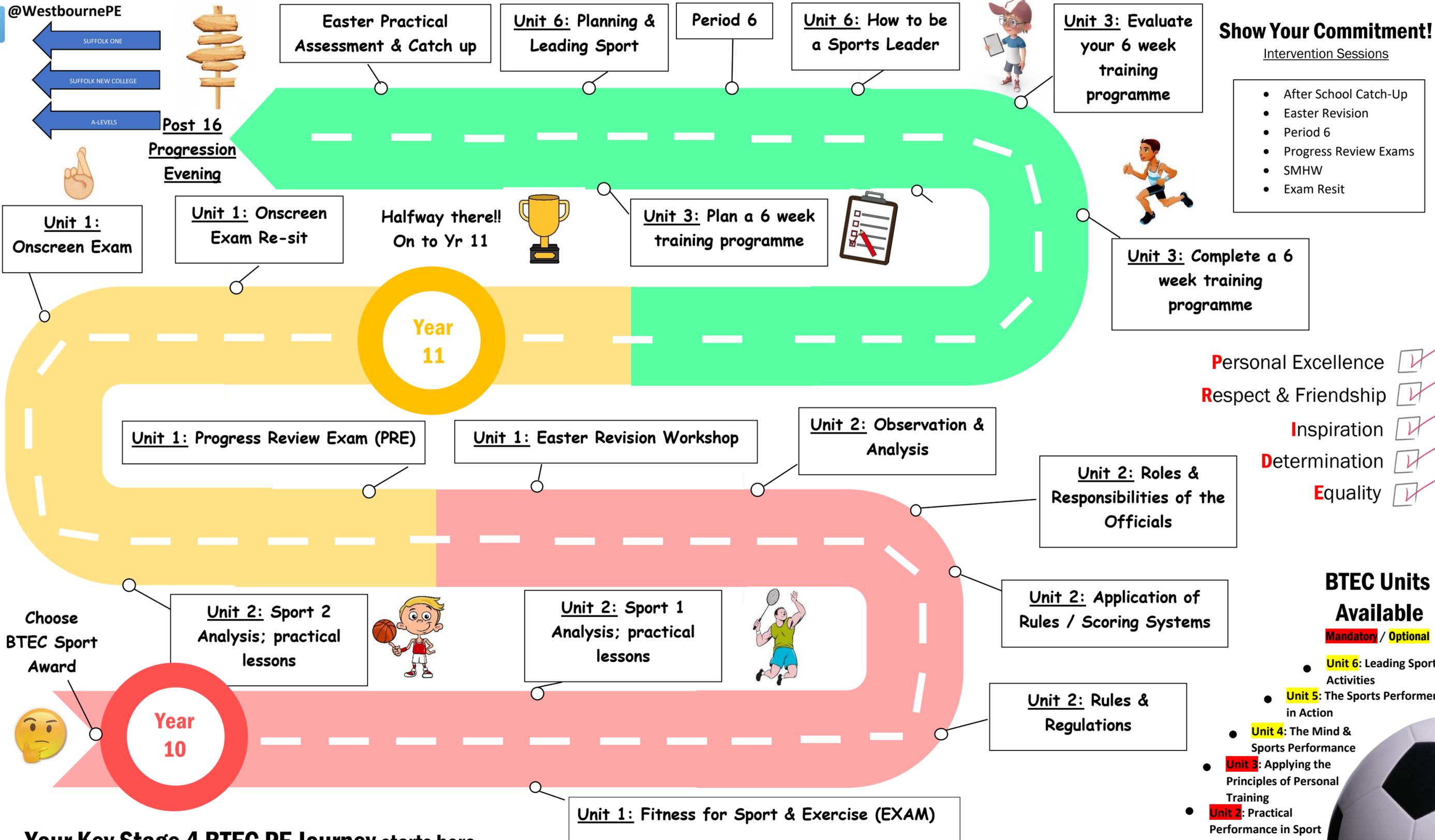
Maximising Potential within Physical Education



westbourne.pe



@WestbournePE



Show Your Commitment!

Intervention Sessions

- After School Catch-Up
- Easter Revision
- Period 6
- Progress Review Exams
- SMHW
- Exam Resit

- Personal Excellence
- Respect & Friendship
- Inspiration
- Determination
- Equality

BTEC Units Available

Mandatory / Optional

- **Unit 6:** Leading Sports Activities
- **Unit 5:** The Sports Performer in Action
- **Unit 4:** The Mind & Sports Performance
- **Unit 3:** Applying the Principles of Personal Training
- **Unit 2:** Practical Performance in Sport
- **Unit 1:** Fitness for Sport & Exercise (Exam)

Your Key Stage 4 BTEC PE Journey starts here ...