

Issue 1 / Summer Edition 2022









Welcome to the first edition of Westbourne Life, our new digital magazine!

We will be sharing news and photos of all the great stuff that has happened at Westbourne each term. As this edition is being published, we are still waiting to hear if Churchill have won sports day for the 8th consecutive year! We will keep you posted.

On our website, you can find more detailed information as well as more photos on our Galleries page.

Mr M Bouckley - Principal

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Charity News ...

"We make a living by what we get, but we make a life by what we give." Winston Churchill

With the return to 'normal' and the completion of a full academic year in school, the list of positives is too long to shortlist to one.

Since September, like all schools, our students and staff have benefitted from an extensive list of positive experiences and these include the return of in person assemblies, parent evenings, awards evening, open evening, theatre trips, cadet camp, post-16 visits, sports fixtures, Year 11 prom, awareness days and a number of year group workshops delivered by a professional street artist, the crime prevention charity Prison Me! No Way! and even the BBC.

Thankfully, these experiences are once again part of the everyday positive life opportunities that are expected at school.

One extraordinary aspect of the 2021-22 academic year has been Westbourne's unprecedented response to give to community causes, especially for the people of Ukraine and especially when many families are facing financial hardship and rising living costs themselves.



September 24th heralded the return of our traditional House cake sale in aid of MacMillan when £574 was raised and 1000 freshly baked donuts were consumed in 20 minutes – thanks to the Community Champions at our local Morrisons store who baked and donated them to the cause.

In December, £372.76 was raised on Christmas Jumper Day for Save the Children. National Number Day on 2 February raised £370 in aid of the NSPCC. This year, for the first time, our arts team decided to take part in The Big Hoot public project in aid of St Elizabeth Hospice. This raised £1155.90 from an Easter Egg raffle and staff race night. The decorated Environment-Owl is now on display in the town as part of The Big Hoot Art trail over the summer break.

In February, the news coverage of the war in Ukraine gave us all a reality check. Just before the Easter break, the urge to do something to show our support grew and Andy Smith (Assistant Principal) orchestrated a bake sale, a blue/yellow civvies day and a very popular raffle. When approached, local companies big and small were very generous in donating their services and goods for our raffle. In total, £2979.11 was raised plus 44 crates of non-perishable food items and toiletries were donated by families, as part of the DEC Ukraine Appeal.



A grand total of £5451.77 was given to charitable causes by our staff, students and their families which is remarkable and one of the most 'positive' experiences of this year.

Contributor: Miss S Bird - English Teacher

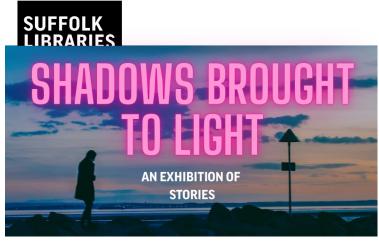
Story Harvesting ...

"Lockdown and social distancing hit students across the country hard and also prevented them developing key skills. Problem solving, working with others and perseverance are just some of the vital, transferable, 'employability' skills which need practising and developing over their school education to prepare them for school and beyond."

St Mary-le-Tower, in its capacity as Ipswich's civic church, has formed a working partnership with Suffolk Children's University; with the aim of helping children and young people recover from the effects of the pandemic and emerge as ambitious, aspirational young people.

The Story Harvesting project was piloted with pupils from Westbourne Academy. A generous grant, awarded by Ipswich Opportunity Area (IOA) and Ipswich Cultural Education Partnership (ICEP), enabled the Story Harvesting to draw on the expertise of Gillian Allard, Master of Photography, to enhance the project with visual imagery. Working with Gillian has enabled the participating pupils to acquire new skills, taking effective pictures with their own phones.

Alongside the photography was the student's Harvested Stories. These were put together after the students interviewed and collated the stories from their families and people from the wider community.



The event did not just celebrate the pupils' achievements. It also gave them a platform to step up, talk about what they had done, and demonstrate their new-found confidence. The event was a massive success and the church was full of not only the students, but their teachers, parents and other members of the wider community.

I was immensely proud of the students and how they conducted themselves during the event. From Archie and Ethan serving refreshments, Evelyn's speech, Leveah's entrepreneurial skills selling the cards, Lacey and Malique's hosting skills, Nola and Keirah's confidence as they talked about the project – they all had an important role to fill.

Due to the success of the first event for the Story Harvesting Project with KS3, the students worked towards another showcase event which was held on Tuesday 12 July at Suffolk Library in Ipswich. The students rebranded the project as 'Shadows Brought to Light' and enjoyed the responsibility of showcasing their work/selling their stories in front of friends and family.

The students have continued to meet in their own time every Tuesday, working with visitors in the creative industry who have been helping them to prepare (Graphic designers, Photographers, Library Staff etc).



Alan's story

My family are all from Syria. My name is Alan, I was born in 2010. My brother, Ahmed was born in 2008. We were born during war. Life was tough for my parents. We lived in a hut and it was common for bombs to go off nearby. After two years, we had to leave. As a family, we walked to Iraq to take refuge. My brother was on a donkey and we only had a couple of bags with us; with barely any money.

When we arrived in Iraq there was nowhere to stay which meant we had to stay in a park for three days. When the bus arrived, it took us to a village. Hundreds of people for Syria were also there. Refugees. The village was guarded by the army and our neighbours would shout and steal. It was dangerous living in the tents. Every week, the trucks would arrive to drop provisions. My best friend was hit by the truck and was killed.

My Mum worked for the United Nations, serving them hot drinks in Iraq. My Dad couldn't work due to his health. We flew to England at the end of 2015 after saying goodbye to our family in Iraq. We landed in London and got a bus to Ipswich. I was six years old.

Today, my brother and I are students at Westbourne Academy. We live nearby. My Dad's health is still not great and my Mum has a really bad back. Ahmed and I help out where we can.

Learning Behaviour Lead ...



Contributor: Mrs C Gallacher Learning Behaviour Lead & Oasis Coordinator

The Learning Behaviour Lead (LBL) is a new initiative setup by Ipswich Opportunity Area (IOA) to improve learning behaviours throughout the area. It involves evidence informed training to improve learning behaviours in schools and involves regular meetings with the team of LBL's to network, share good practice, problem solve and complete online training.

Social and emotional learning was identified as the greatest need at Westbourne Academy through analysis of data. In my role as Learning Behaviour Lead (LBL) at Westbourne, I run an alternate provision within the academy for students with Social, Emotional, Mental Health (SEMH) and Learning needs.

In order to support social and emotional learning, I liaised with various providers to deliver a range of interventions to support students. Westbourne have offered a number of targeted, small-group interventions such as outdoor learning, girl's self-esteem delivered by P.H.O.E.B.E, a music-based project run through Noise Solutions and the academy-based provision, Haven.

In addition to the small-group work, in March 2022, the Year 7 cohort participated in a series of well-being and mental health workshops. There were a series of four workshops, each with a separate focus. The first was provided by a team of theatre professionals from OpenView Education. They delivered the 'Steps to Wellbeing Wisdom' workshop, which supported students to learn simple self-care techniques, helping them to build resilience and boost their wellbeing.

The second workshop focussed on dreams and goals to improve self-esteem and was delivered by trained academy support staff. The third workshop, delivered by academy support staff, was about Emotional Literacy and focussed on giving students the ability to identify and express emotions. Lastly, students experienced a workshop on outdoor learning (in a classroom setting), focusing on group work skills, resilience and perseverance.

Students completed an online survey before and after the drop-down day to allow them to express their views of the sessions and record learning outcomes for the day. Here are some of the thoughts from students who attended the sessions:

I liked the OpenView because "...it was about dealing with your emotions and I needed help on that sort of subject and its common when i get angry or feel upset."

I liked Outdoor Learning best "...it was a nice collaborative project we could do that could connect us closer with nature and peace. It was nice building an outdoor miniature garden and I really liked using my own hands to build something."

I like gardening and the dreams one let me express myself and the emotions taught me it's okay to not be okay..."

"The theatre session in the hall allowed me to learn many new ways to deal with sadness."







"The emotions workshop allowed me to learn how to associate emotions with colours and understand them better."

We were really pleased to find that students' understanding of wellbeing had increased by 15%, with 90% now reporting a good understanding. Also, the number of students reporting having good self-esteem rose to 45%.

As well as working with our students, our team of support staff are now trained to deliver social and emotional learning across the academy. Suffolk Specialist Educational Psychology and Therapeutic Services delivered whole staff training on Emotion Coaching, which was really well-received and will contribute to the ongoing development of the LBL work."

After the past few years, many people, young and old, have found their emotions heightened. No one was prepared for the effects Covid would have. As a school a huge part is trying to help support student's wellbeing. There are many interventions in place to help support this, but I wanted to try and utilise my role on a wider scale and help impact the wellbeing of Year 7 students. They had not experienced the same transition into secondary schools as previous students and, as such, it has been very overwhelming for some of them.



We decided to give Year 7 time to breathe and encourage each other away from a normal day of lessons in order to help them to be able to express themselves, work together, and think about their aspirations, goals and dreams. Looking after their Mental Health and Wellbeing is an important part of Westbourne Academy.

These workshops were delivered by a fantastic team of staff, Miss Degville, Mrs Williamson, Mrs McKenzie, Mrs Percival, Mrs Paul, and Miss Beeton. It was very touching to hear some of the feedback from students about how enjoyable and helpful it was, as well as to hear them enthusiastically talk about their future ambitions which many didn't really have before. A student's well-being is a priority and we will always try to help

support that the best we can. We have some amazing staff that really care and want to help make a difference. It's not just their grades that matter... THEY DO!

I am now planning for the sustainability of this project through a Cascading Learning Action plan. The aim of this plan is to ensure the positive outcomes from this year are continued going forward to support more students.

Contributor: Mr A Smith - Assistant Principal

Summer Concert ...



After what has felt an incredibly long wait, Westbourne was finally able to hold its first live performance event since before the pandemic hit and the Summer Music Concert was well worth the wait!

Mr Damigella and Mr Keane in the Music department decided they would like to put something on before the end of term, to celebrate the huge number of talented music students we have within the academy and floated the idea to them.

Not long after, they had a huge number of different acts signed up, both solo instrumentalists and vocalists, as well as bands and ensemble performances, who spent the next few weeks rehearsing ahead of the big night.

Huge thanks must go to the students for the time and effort they put into rehearsing, but also to Mr Damigella and Mr Keane who spent many hours preparing pieces with various students, so they could perform alongside them on the night.

The concert was free to attend and a huge crowd came along to be entertained by the vast array of talent our student body have to offer. The best part of the evening, however, was the day after when Mr Damigella, Team Leader for the Music department, was approached by lots of students who had been in the audience and were so inspired, they wanted to enquire how they could become involved with the next one! Watch this space for details of our Christmas concert and pop along to the Music department to speak to staff about how you can participate next year!

Year 10 She Can Be

Earlier this year, we were extremely fortunate to take a group of eighteen Year 10 students to London to participate in the She Can Be initiative. Through their involvement in the She Can Be event, The Lord Mayor's Appeal hopes to empower young women to make informed decisions about their careers.

Through exposure to, and collaboration with, participating City businesses, She Can Be helps young women to consider the skills that they already have, build their selfconfidence, and learn how those skills could potentially transfer into jobs in the City.

She Can Be is a full-day event and, during the course of morning session, the students learn about the business they are working with through a number of immersive activities organised by the company. After lunch, all the She Can Be students from across the City join a virtual afternoon session with their business representatives on

Zoom, so that they can consolidate their learning from the morning, take part in an investment simulation game and contribute to a panel Q&A.

2019 was the first time that Westbourne students had ever been given such an opportunity and, to have the chance to work with The Lord Mayor's Appeal on such an inspirational project again this year, was more than they could have hoped for. Westbourne students were very fortunate to be partnered with BDO, a global accountancy and business advisory company, based in Baker Street.





Once again, everything students experienced: from going on the tube, walking along the streets of the City and visiting a global company, really did open their eyes and provided them with an experience they will never forget. Vice Principal, Marianne Woodhouse said "To see their transformation from shy, nervous students in to chatty, confident young women talking freely with the assembled BDO employees over lunch was incredible.

As we were walking along Baker Street on our way to the BDO offices, the girls were all chatting to each other and

wondering which building we would be going to. The nearer to number 55 they got, the more nervous they became and, by the time we reached the revolving doors of the building, they had all fallen silent! However, this didn't last too long and, by the time we got to the first activity of the morning, a SWOT analysis, most had really found their feet and felt confident enough to present their ideas in front of everybody else.

Moreover, BDO had selected a number of 'real models' to share their stories with us all and these really set the scene for the students. However, what was really noticeable was

the amount of time being invested in them as a group. The sheer number of people that joined the event throughout the course of the day was humbling and enabled all the girls to feel included and important. One student, who was actively trying to avoid conversation at the start of the day, said how much she had enjoyed speaking to everyone and how kind everyone had been to her when they realised she was nervous.



Some of the key messages conveyed by the BDO employees we met were that:

- You don't always have to follow a standard pathway into a job; different routes into employment exist.
- It is important it is to carry on with your studies and remain committed to them even when you have secured a position.
- It is possible to work abroad when you are part of a global organisation.
- You don't have to worry if you don't already have something lined up.
- You should try to accept the opportunities they are presented to you as you never know where they might lead.
- It's ok to not know what you want to do at the moment and that their GCSE and A-Level choices need not define the rest of their lives.

She Can Be 2022 was an experience that our students will never forget. One of the big issues young people are all faced with, at times, is the low

aspirations that they have for themselves. However, the entire She Can Be experience really made our students reconsider their next steps and realise that the future holds countless possibilities for them.







What is Culture Capital?

"A golden thread, woven through everything you do to teach children well" (Ofsted Chief inspector Amanda Spielman called cultural capital)

So what is it? It is the "learned experience of the child: formal, informal, within the classroom and beyond." Culture Capital is about exposing students to a large variety of subject areas and arts; promoting character-building qualities that lead to creating well-rounded, global citizens, and of course the more typical expectations of education, which is to provide young people with recognised and meaningful qualifications that will open up doors to paths in later life. Basically the more culture capital students are exposed to, the more powerful they become!

What should that learned experience be? First and foremost a broad and balanced carefully planned curriculum. It is about during discrete lessons, VT themed discussions and assemblies celebrating all types of diversity; to prepare students for life in modern Britain; learning about different cultures within our community and those communities students have no experience of so they will learn to value each other's cultures, those they will encounter in society as well as their own.

How is culture capital integrated into student life at Westbourne? Each week in tutor time, a specific topic is identified for discussion based on current affairs, world events or awareness days. In assemblies throughout the year students hear about a range of topics such as loyalty, resilience, Remembrance Day, Harmful Sexual Behaviour and Safeguarding, Positive Mindset and why healthy choices are important. As a community we also mark various world wide and nationwide awareness weeks such as Road Safety Week, Mental Health Awareness Week, Young Carers, Heroes, World Poetry Week, School Diversity Week and Hello Yellow Day.

Our community support for charitable causes is also another great way in which students and staff have come together throughout the year to do something positive for those less fortunate than themselves: MacMillan Cake Sale, Rainbow Friday, NSPC Number Day, Christmas Jumper Day, the Big Litter Pick, Show Racism the Red Card Day, The Big Hoot and in 2022, the DEC Appeal for Ukraine.

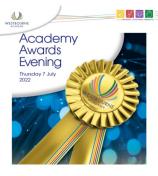
What is the value of extra-curricular experiences and trips? Giving students the opportunity to join in with extra-curricular clubs, sports events, House competitions and go on trips out of school adds to their cultural experiences. Through our core values of STAR and LORIC, students develop their character, learn about social norms, recognise that as young adults they need to sometimes show leadership skills, be well organised, be resilient to challenge and change, be independent and also communicate well.

Examples of Culture Capital ...





Tue 12 July 2022



Year 10 Geo

Field Trips

Olympic Park

Monday 27 & Tuesday 28

June 2022

Year 9

Culture Capital

Street Art

Workshops

Spring 2022

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Story Harvesting





Building for the Future

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Year 9 Music Trip: The Lion King Lyceum Theatre London Wed 2 March 2022 www.westbourne.attrust.org.uk



Y11 Rewards Trip Friday 24 June

Year 10 C/Science Visit to **BT Festival of** Learning

Tue 21 June 2022



United Kingdom Mathematics Trust **UK Junior Maths** Challenge 2022

Year 10

Crime & Safety

Awareness Day

Wed 22 Sep 2021

8 75 🖑



What is a hero? Can we all be heroes?





Show your support Friday 24 June









Contributor: Ms M Abbott - SENDCO

Sky Up Bus ...

Sky have developed a mobile version of their studio experience in London which means that students across the country have the opportunity to participate in a two hour workshop which look at all aspects of media production.

We were fortunate to have the Sky Bus on the academy site for a week this term. The focus of the work was to look at creating a campaign to raise awareness of environmental issues. Our focus was looking at how sports could be more environmentally friendly.

Within Geography lessons, students participated in a lesson delivered by Sky and worked in groups to come up with their own campaign. Following on from this, the best campaigns were selected and given to the Sky team. Over 250 students had the opportunity to work with Sky.

Within the workshops, students participated in a range of activities. They learned about different careers within the media industry. They used a variety of different forms of digital technology and had the chance to use hi tech equipment. They also created their own adverts and were able to use the green studio to film and record their final pieces.

All students thoroughly enjoyed the experience and it's been a talking point across the academy ever since the visit.

Through the experience, students were able to develop their skills in working as part of a team, problem solving, working on their own initiative, taking on different roles within a group and understanding the importance of good communication. Furthermore, this visit was inspirational and students learnt a lot about different careers within media.













Year 9 Street Art Workshop Photos ...



Contributor: Mr A Smith—Assistant Principal

Ukraine Appeal ...

Before the Easter break, the academy community came together to recognise the deepening humanitarian crisis for the people of Ukraine and wanted to do something to help.

Over the course of the last three weeks of the spring term, we managed to raise £2992 for the Disasters Emergency Committee Ukraine appeal through a House bake sale, raffle, and nonuniform day.

In addition to this, through donations of tinned foods and toiletries, we sent over 50 boxes of these items to Poland, to support those from Ukraine who have been displaced from their homes.

You can view some of the photos taken on our Galleries page here:

https://www.westbourne.attrust.org.uk/dec-ukraine-appeal-2992-raised/

We are extremely grateful to everyone who helped to raise such a fantastic sum, whether that was through purchasing raffle tickets, buying or baking cakes, donating items, or supporting the non-uniform day on the last day of term.

We must also say a very special thank you to all the local businesses who supported our fundraising by donating such wonderful and generous prizes for the raffle. It was truly heartwarming to see the whole academy come together in a time of adversity to think of others before themselves and support such a





Contributor: Mr A Smith - Assistant Principal

Jamie Hawkesworth

Film Project

Back at the turn of the year, world famous photographer and ex-Westbourne student, Jamie Hawkesworth, got in touch with an intriguing request – he wanted to know if he could come along to the academy and speak to students about a new



jamie.hawkesworth.co.uk

project he was about to start - needless to say, we jumped at the chance!

Jamie was about to start work on a new film project and he was hoping he could come back to his Ipswich roots and cast some students from his old secondary school. Jamie kindly agreed to host five assemblies over the course of a day, speaking to our entire student body about his journey from Westbourne as a teenager, to travelling the world, shooting images for Vogue, The New York Times and more recently, the new Batman film. Students were utterly enthralled by Jamie's story and were able to connect to him as one of their own – particularly when he showed them his old school photo from his Westbourne days!

Following the assembly, approximately 40 students were called back to do some further sessions with Jamie over the next few weeks, and although he was then called away to the other side of the world for work, he will be returning to Westbourne to recommence work on the project at the start of the new academic year.

We can't wait to welcome him back to the academy and share with you the final project once it has been completed.

Contributor: Miss S Bird—Teacher of English

BBC Share Your Story...

On Tuesday 15 March, students and staff at Westbourne Academy were excited to welcome a team of BBC presenters and a BBC production crew to showcase the 'Share Your Story Tour'.

The 'BBC100 Share Your Story' is part of the BBC's centenary celebrations for 2022, where the BBC are visit around 400 secondary schools across the UK, reaching 400,000



students. The four 60-minute sessions involved carefully selected BBC Ambassadors sharing their inspirational journey with students in Years 7, 8, 9 and 10, in a bid to inspire them through the power of storytelling; sharing their personal experiences and career stories.



They were very fortunate to have Angelle Joseph (local presenter and DJ for Radio Suffolk) and Jacob Ottaway (journalist for BBC Essex) who shared their captivating stories with students. The showcase was hosted by Lindsay Russell, a British television presenter and former Blue Peter presenter until 2021.

The four sessions ran fantastically, with students

across all year groups engaging, asking questions and being very respectful. The depth of questioning and empathy the students showed towards both Angelle and Jacob made both teachers and the guests themselves extremely proud.

I was blown away by the maturity of students and their attitude towards the day. It was lovely to see the students realising that anything is possible and that the challenges young people may face growing up are not necessarily barriers for their adult lives and future careers. It was a humbling experience.'

Henry Bacon in Year 7 said 'It was really fun, we got to learn all about journalism and that

your dream can change at any second and that it is ok.'

Ollie Methven in Year 9 said "The time we spent with the BBC provided a great opportunity for us to learn that no matter what happens, we can still share our stories. It really inspired me to know that it is really okay to share our emotions. You should never be scared".

Danny Payne, the academy's Careers Education, Information, Advice and Guidance Coordinator said 'Encounters with employers such as the BBC are wonderful opportunities for our students to meet some fascinating people. Our young people were able to relate to Lindsay Russell and the two BBC Ambassadors because of the very personal stories they shared about their younger selves. They talked about what life was like for them growing up and going to school in the Ipswich area, about some of the personal challenges they faced and eventually overcame. Students were amazed to hear the different routes that Lindsay, Angelle and Jacob each took after leaving school that resulted in them working in the media industry and eventually for the BBC."

The following day, conversation in tutor time revolved around the experience and the career opportunities they were previously unaware of. Students assumed careers within the BBC and similar organisations were only available to those in the big cities. The

message of the day which carried through was 'no matter what you go through and starting point, you can still achieve your goals'.

In September, we are excited to welcome back the crew from the BBC Share Your Story tour when students in Years 8 to 11 will take part in a further session in the hall.



Contributor: Mrs A Butler—Teacher of Art/Photography

The Big Hoot

Thank you to everyone who helped to prepare our owl and made it ready to fly the nest before Easter. Well done to the amazing students listed below who submitted a design for the Westbourne Environment-Owl, we incorporated all of their fantastic design ideas as you can

Ollie Methven, Sofie Hedges-Quinn, Holly Sheehan, Matilda Culley, Sam Chenery, Evie Sheppard and Abi Castle

see.

Thank you to everyone who bought an Easter Egg raffle ticket or helped and took part in the staff race night. Collectively, we have raised £1155.90 for St Elizabeth Hospice which is fantastic and we are very grateful for the support we received.

The Westbourne Environment-Owl now forms part of the free public art event to be found in Ipswich town centre until 3 September. You can find our owl sculpture in Sailmaker's Shopping Centre.







Contributor: Mr A Smith - Assistant Principal

Year 7/8 Pips ...

Recently we were thrilled to be able to hold our inaugural PIPS Award assemblies, for students in Years 7 and 8. The launch of the student awards was unfortunately delayed from the year before, owing to lockdown and the Covid restrictions.



Mr Agate and Mr Arrow spoke to both year groups at the beginning of the academic year and explained that we

were going to issue the star shaped blazer lapel badges to any student at the end of the summer term, who had met the agreed criteria for positive behaviour and attendance.

As a consequence, 124 Year 7 and 96 Year 8 students received their award in a celebratory assembly, hosted by Mr Agate and Mr Arrow, in front of their entire year group.

Mr Bouckley spoke at both assemblies, offering his congratulations to the winners and his hope that students who have received a PIP this year, will go on to perform as well next academic year, in order to receive their next one. For any student who did not meet the criteria for this year, for whatever reason, the start of the new year will be a fresh start and an opportunity to do so.

Those who were awarded their 'PIP' will be eligible to apply for both prefect and junior prefect roles when the process opens in September and Mr Smith will be talking to all year groups about these opportunities in the start of term assembly, where he will also outline a number of praise and reward initiatives that we are launching for students too.

Seeing students wearing them with pride on their uniform since the assembly has been fantastic and we look forward to awarding many more next year.

Contributor: Mrs E Pepper—Executive Administrator

2022 Awards Evening .







On Thursday 7 July, we hosted our annual Academy Awards evening where we celebrated the Most Progress, Significant Attainment and Outstanding Performance achieved by students in Years 7 to 10.

At 18:00, parents and carers took their seats in the main hall and a photo montage of the year was played for them to enjoy. After a welcome and introduction by Mrs Woodhouse and an address by Mr Bouckley, the audience were transported to a faraway place as they listened to Year 10 musician, Olivia Noble, play Moonlight Sonata on the keyboard.

Introduced by the four Heads of House, student speakers from Years 7, 8, 9 and Year 10 did a fantastic job telling the assembled audience what has made this year at Westbourne so special for them. Henry Bacon and Mo Ihsan from Year 7 are clearly born for public speaking!

As the winning student's names were announced by Mrs Woodhouse and projected on to the screen, they proceed to walk across the stage to collect their certificate and commemorative Queen's Platinum Jubilee 2021-22 lapel pin. Mr Bouckley and Mrs Moura, one of governors, were very pleased to greet and shake hands with 135 winners.



The final award that was presented was for Services to the Community. This was awarded to Year 9 student Ashton Fulcher, known locally as *Pallet Teen*. Mr Smith read out a citation about Ashton, explaining his motivation and how he has been able to donate to local causes over the last 3 years, by selling up-cycled bespoke furniture, garden planters and decorative Christmas trees from reclaimed wooden pallets.

To close the ceremony, Olivia Noble delighted the audience once again by performing an original composition on the keyboard.

Contributor: Mr A Smith - Assistant Principal

Rainbow Flag Friday ...

Westbourne was awash with colour on Friday 24 June as the entire academy community came together with thousands of other schools and colleges across the country, to support Rainbow Friday.

The event marked the end of School Diversity Week, which is the national celebration of lesbian, gay, bisexual and trans (LGBT+) equality in education. Organised by the charity, Just Like Us, and launched with the support of the Department for Education, the week empowers pupils and school staff to take responsibility for tackling homophobic, biphobic and transphobic bullying.

The message for the week was that of acceptance and recognising that each of us is unique in so many ways, and celebrating those differences. We are a hugely



diverse academy community and that is something that we very much want to embrace every day.

In addition to a non-uniform day, where students and staff were encouraged to put away their uniform and come to school wearing the brightest of colours, we also delivered a diversity themed assembly for each house, and a tutor time discussion on how to be an ally and show support for others.

Unlike our last non-uniform day to support the Ukraine appeal earlier this year, on this occasion we were not asking for charity contributions, as rather than looking to raise money, we were seeking to raise awareness and promote the message of equality for all.

It made us extremely proud to see the academy community come together to show their support on the day, with rainbow flags, face paints and badges all across the school and plans are already well under way within the student led Pride team for how we make next year bigger, better and even brighter! If you would like to



find out how you can become a part of the student voice group, just speak to Mr Smith.

The message at Westbourne is that 'everyone is welcome here' and it really as simple as ABC: Accept everyone, Be kind and Challenge discrimination.

We look forward to a day when we won't have to campaign for diversity and equality anymore, but until that day arrives, it makes us immensely proud to see our academy community showing their support for one another and challenging discrimination in all its forms.

Big School Clean..

A number of students gave up their Saturday morning on 16 July to take part in the Big School Clean 2022 at the academy.

Thirty-three Year 7 and 8 students turned up bright and early on Saturday morning to spend a couple of hours clearing litter from both the school grounds and the local roads and park adjacent to the academy.

Accompanied by Mr Clarke, Mrs Ingate, Miss Feakes and Mr Smith, student teams eagerly set off in their hi-viz jackets,

Contributor: Mr A Smith - Assistant Principal



with the challenge of collecting as much as they could. They certainly didn't disappoint, as a huge pile of bags started to form outside the front of school very quickly!

The message this year from Keep Britain Tidy, who coordinate the school campaign across the country, is that no one is too small to make a big difference and when we all come together, that big difference becomes a huge one. If every child who attended school in the UK pledged to pick up just one bag of litter during the Great Big School Clean, we could remove 10.3 million bags of litter from our natural environment.

The weather was glorious and it was fantastic to not only see our young people enjoying themselves as they worked, but also doing something positive for the wider community that the academy is a part of.



In recognition of their hard work after the collection, students

were rewarded with a BBQ cooked by Mr Hawkes to say thank you and ice creams to cool off with.

Our plan in September is to relaunch the student led eco committee, with regular litter picks around the academy and community, as well as investigating how we can do more to recycle our school waste. If you would like to find out more and become involved, speak to Mr Smith at school.





CCF Central Camp - Barry Buddon

Contributor: Mr J Pashler - Teacher of Science & CCF Contingent Commander



On Saturday 2 July, a group of twenty Year 10s and Year 11s made the ten hour long coach journey to Barry Buddon camp, just outside Carnoustie, Scotland. For many, it was their first time outside of Suffolk and would prove to be an experience they wouldn't forget.

The camp featured several days of exhausting activities. After a day settling in and completing a swim test in chilly Dundee harbour, there was the coasteering – a highlight

for many. Donning wets suits and protective equipment, cadets would scramble over the rocks on the shore and jump in. It pushed many through their comfort zone to realise what they were capable of and the stunning scenery confirmed how worthwhile the long trip had been.









The next day was spent at the range, giving the cadets the opportunity to fire the Cadet GP rifle for the first time live and complete a qualifying shoot. They all managed to pass and the experience of full bore shooting was something they couldn't easily get anywhere else. A series of fieldcraft activities followed, including battlefield first aid, paintball room clearance, anti-ambush drills, the obstacle course and a stalk – sneaking up on an enemy position.

The last two days would prove even more tiring with a stay out in the field under their basha shelters. The cadets formed part of a wider operation; being sent out on intelligence gathering patrols and bracing themselves for a section attack the following day accompanied by bagpipes!

Overall, it was a thoroughly rewarding trip which pushing the cadets outside of their comfort zone. There were tears, laughter and ups and downs but, more importantly, activities and memories for a lifetime. I would like to thank them all for their effort and enthusiasm (even during some of the more tired moments!) and also all the cadet staff for their dedication and energy which makes it all happen.

Contributor: Mr A Smith - Assistant Principal

SWISS Leadership Conference ...

It was an absolute honour to accompany fourteen Year 9 students to a day of workshops around the theme of Leadership, hosted at the University of Suffolk om 15 July 2022.

They took part in four separate workshops throughout the day, covering Collaborating with others, Effective Communication, Resilience in leaders and Empathy. In addition to being an absolute credit to the academy in terms of their exemplary behaviour and attitudes, they all made wonderful contributions to the group sessions, some of which included students from other local schools.

The visit was a first opportunity for many of the students to visit a university setting and much of the conversation that went on throughout the day then became about possible future academic plans, so that was also an added bonus of the trip.

The students felt that they had been able to take an awful lot from the day in terms of developing knowledge and skills in a key area that will employ them for employment and life, so I am delighted that they were all able to attend.



Online Safety ...



"Talking to your child about online safety. Online life and offline life is just life - if you are worried, then advice and support is available from the NSPCC.

For many of us, we see our online lives and offline lives as different, but children are growing up with technology and the internet and for them there isn't a difference; online life and offline life is just life.

Technology can move at an extraordinarily fast pace and it can be difficult to know how to start talking to your child about what they're doing online, who they might be speaking to or discussing the potential risks and issues."

As well as conversation starters, tips and resources for parents, there is lots more information available for free on the NSPCC website here:

https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-onlinesafety/?utm_source=Adestra&utm_medium=email&utm_content=Talking%20to% 20your%20child&utm_campaign=2022_Mar_CSO-newsletter

You can sign up online with the NSPCC to get to online safety news and advice straight to your inbox as well as latest online safety advice, tips and campaign news.

Need to talk to someone?

Call them on 0808 800 5000 or email help@nspcc.org.uk to get advice and support from safeguarding experts.

Year 11 Prom ...



Ticket Price £45 Please pay your £15 deposit via schoolmoney by Friday 23rd September to secure your place. (Please note the deposit is non refundable) Balance can be paid in full or in £10 instalments by 25th Nov 2022, 20th Jan & 17th March 2023 Please speak to Mrs Woodhouse if you have any queries

Westbourne Year 11 Prom All Manor of Events, Henley Thursday 29th June 2023 7.00 to 10.45pm



Summer Fit ...



MONDAY 25 JULY - WEDNESDAY 31 AUGUST

This Summer we have lots of exciting holiday camps including our Summer Camps, Summer Dance Camps and New Disability Sport Camps Our camps provide a safe place to be for children during the Summer

Holidays, with a healthy lunch included.

Those in receipt of Free school meals can apply for a free place on any of our Summer Holiday Camps, full details can be found on our website.



Scan here or visit website to find out more www.ipswichfit.co.uk/school-holiday-camps 01473 433655

Eligibility criteria and iCard terms and conditions apply, "must be 5-16 yrs olds during the summer holidays (25th July - 31st August 2022)



MONDAY 25 JULY - WEDNESDAY 31 AUGUST

ARE YOU AGED BETWEEN 5-16* AND LIVING IN IP1-IP4? Sign up for our Free Summer Holiday iCard to access over 300 exciting activities across our centres and local parks as well as free swimming at Crown Pools. Lets get active this summer!

NOT ELIGIBLE FOR THE SUMMER HOLIDAY ICARD?

You can still access our full Summer Holiday programme from just £14.50 with our Summer Active Membership or pay as you go with our Young Person Booking Card.



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Scan here or visit website to find out more www.ipswichfit.co.uk/summerholidayicard 01473 433655

Eligibility criteria and iCard terms and conditions apply, *must be 5-16 yrs olds during the summer holidays (25th July - 31st August 2022)



Year 11 Prom Photos 2022 ...



Uniform ...



We have been asked to share the following with parents and carers:

"PMG Schoolwear will be running an appointment system over the Summer months again this year. This has proved popular with parents who have benefited from dedicated time and a member of staff to assist them with fitting and purchasing uniform. From 1st July all parents wishing to visit one of our stores can book an appointment beforehand by visiting <u>www.pmgschoolwear.co.uk</u> and then clicking on the link at the top of the page."

PMG would encourage parents to please shop early for uniform for September and to avoid leaving it to the last minute. Their cut-off date is Friday 12 August. Whilst PMG invests heavily in stock, inevitably some sizes do inevitably run out. This year, with delays of shipments from Asia expected, there could be delays getting uniform if purchases are made after 12 August. Contributor: Mrs C Williamson - Teaching Assistant & Outdoor Learning Lead

Superbloom ..



The outdoor learning group, along with other individual students on other one-to-one intervention groups, were privileged to be given free tickets to visit Superbloom at the Tower of London on Monday 20 June 2022. We were given the tickets after the SENDCO,

Ms Abbott, applied for seeds to plant to celebrate Queen Elizabeth II Platinum Jubilee. Working together, Harrison Ellis and I transformed the foyer garden which can be found opposite the Principal's office (see image right).

A huge well done to the students, who attend the outdoor learning groups and to Harrison, for all their hard work and achievements (see image right). The trip to Superbloom and the Tower of London was a real success and students represented the academy in a very positive manner.

On behalf of the students, thank you to Mr McGrath who not only drove us there and back in the minibus, but was a mine of information about the Tower's military guards which fascinated the students.





Skills for Life ...

You don't need to know where you're going to get going

Whether you know where you're headed in the future or not, knowing the work and study choices available to you is a great place to start.



Students will soon be receiving their exam results. To help them to take their next step, the <u>Get the Jump Skills for Life hub</u> on the National Careers Service has everything young people need to know about their options, including key information on resits, clearing, appeals, and more. Pupils can also chat to an expert careers adviser for free, impartial support to help them choose the option that's right for them.

The National Careers Service has launched a new tool for young people, teachers, parents and carers where you can explore career choices as well as find out about:

- Apprenticeships
- T Levels
- Traineeships
- Vocational Technical Qualifications (VTQs)
- Higher Technical Qualifications (HTQs)
- A Levels
- Higher Education
- Supported Internships
- School Leaver Schemes

You can also chat to one of their careers adviser by webchat or calling 0800 100 900 (8am—8pm Monday to Friday).

Key Dates ...

September 2022

Monday 5	1st day of term for all students							
Wed 7	School photos for all students							
Thu 22	Year 11 parent evening 16:00 to 19:00							
Wed 28	HPV1 vaccinations for Year 8 boys and girls							
Fri 30	Community Event: Cake sale in aid of MacMillan							
October 202	October 2022							
Thu 6	Open evening for Year 6 pupils 18:00 to 20:00							
Thu 20	Year 7 performance by The Wolsey Theatre							
Fri 21	Community Event: Red Card Day (non-uniform)							
November 2	022							
Wed 16	Class of 2022 Awards Evening 18:00—20:00							
December 2	022							
Tue 13	HPV2 vaccines for Year 9 boys and girls							
Wed 14	Community Event: Christmas Jumper/Lunch Day							
Fri 16	Early close at 13:30 after whole school assembly							
January 202	3							
Wed 4	1st day of term for all students							
Thu 19	Year 11 parent evening 16:00 to 19:00							

Click here to view more key dates on our website:

Academy Calendar and Term Dates - Westbourne Academy (attrust.org.uk)

Term Dates ...

Term Dates & PD Days 2022/23

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Suffolk CC School Holidays

Staff Training (Non-Pupil Days) Thu 1# & Fri 2nd Sep, Tue 3 Jan, Fri 10 Feb, Fri 30 Jun



Bank Holidays UK

Contact Details ...

Admissions: charlene.alcock@westbourne.attrust.org.uk or 01473 466136

Attendance/Absence: attendance@westbourne.attrust.org.uk or 01473 466145

Complaints: complaints@westbourne.attrust.org.uk or 01473 466136

Exams: anna.fulcher@westbourne.attrust.org.uk or 01473 466108

General queries: office@westbourne.attrust.org.uk or 01473 742315

Safeguarding concerns: carol.clarke@westbourne.attrust.org.uk or 01473 466156

School Money and data information: data@westbourne.attrust.org.uk or 01473 466115

VISION & VALUES: Westbourne is an inclusive academy. We support all students, regardless of starting point, to achieve their potential and develop the skills necessary for employment and life.

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 Chair of Governors: Miss C Rayner

