

# Westbourne Academy

## Scheme of Work for Year 8 PSHE for 2021-2022

	Week	Week Number	Scheme of work overview:					GLH
			M	T	W	T	F	
								Year 8 PSHE
August	30/08/2021	1						
September	6/09/2021	1						Year 8 PSHE Introduction
	13/09/2021	2						Leadership styles
	20/09/2021	1						Micro leadership
	27/9/2021	2						Gang life and the consequences
October	4/10/2021	1						Cyberstalking, online bullying and trolling
	11/10/2021	2						Social Media
	18/10/2021	1						The importance of sleep and routines
	25/10/2021							
November	1/11/2021	2						Gaming addiction
	8/11/2021	1						Body image
	15/11/2021	2						Sex education – Same sex couples
	22/11/2021	1						Sex education – Myths and facts
	29/11/2021	2						Sex education – A basic guide to contraception
December	6/12/2021	1						Revision /End of term test /Reflection
	13/12/2021	2 UPD						Quiz of the year or catch up opportunity
	20/12/2021							
	27/12/2021							
January	3/01/2022	1						Introduction to debating
	10/01/2022	2						Using debating skills to improve my work
	17/01/2022	1						Emotional literacy – Self-awareness and sensitivity
	24/01/2022	2						Confidence and achievement
	31/01/2022	1						Human rights
February	7/02/2022	2						British values – The criminal justice system
	14/02/2022	1						British values – Tolerance
	21/02/2022							
	28/02/2022	2						An introduction to money
March	7/03/2022	1						Poverty – relative and absolute
	14/03/2022	2						Poverty – Maps and shopping
	21/03/2022	1						Jesy Nelson – Odd one out part 1
	28/03/2022	2						Jesy Nelson – Odd one out part 2
April	4/04/2022	1						Revision /End of term test /Reflection
	11/04/2022							
	18/04/2022							
	25/04/2022	2						Reducing our carbon footprint
May	2/05/2022	1						Vaccinate or not to vaccinate that is the question*
	9/05/2022	2						Infection control*
	16/05/2022	1						Growth mindset
	23/05/2022	2						Evaluate my strengths and weaknesses
	30/05/2022							
June	6/06/2022	1						Maximising output
	13/06/2022	2						Problem solving
	20/06/2022	1						Personal safety – basic first aid
	27/06/2022	2						First aid - CPR
July	4/07/2022	1						Revision /end of term test /reflection and review of the year
	11/07/2022	2						Staying safe for the summer
	18/07/2022	1						

Colour	Key
	Organisation /careers
	Wellbeing, mental health and e-safety
	Kindness and values
	Communication
	Resilience and initiative
	Leadership
	Living without harm
	Assessment