

Westbourne Academy

Scheme of Work for Year 7 PSHE for 2021-2022

	Week	Week Number	Scheme of work overview:					GLH
			M	T	W	T	F	
								Year 7 PSHE
August	30/08/2021	1						
September	6/09/2021	1						Year 7 PSHE Introduction 15mins max – Start lesson 2
	13/09/2021	2						Organisation at Westbourne and
	20/09/2021	1						Using technology to improve our organisation
	27/9/2021	2						Organising friendship groups /qualities of a good friend
October	4/10/2021	1						Managing relationships /conflict
	11/10/2021	2						Team building activity – organise an event
	18/10/2021	1						The modern day family
	25/10/2021							
November	1/11/2021	2						Introducing mental health
	8/11/2021	1						Coping with grief
	15/11/2021	2						Mental health – positive steps
	22/11/2021	1						Sex education – How our bodies change
	29/11/2021	2						Sex education – Healthy adult relationships and owning our own bodies
December	6/12/2021	1						Revision /End of term test /Reflection
	13/12/2021	2 UPD						Quiz of the year or catch up opportunity
	20/12/2021							
	27/12/2021							
January	3/01/2022	1						What are acts of kindness? What does kindness look like?
	10/01/2022	2						British values and the rule of law
	17/01/2022	1						British values – freedom of faith
	24/01/2022	2						Kindness and values at Westbourne
	31/01/2022	1						Constructive feedback
February	7/02/2022	2						Oracy /What do we mean by effective communication?
	14/02/2022	1						Improving my own communication skills
	21/02/2022							
	28/02/2022	2						Communicating in learning
March	7/03/2022	1						It's ok to proof-read
	14/03/2022	2						Youth parliament – Getting young voices out there*
	21/03/2022	1						Coping with change
	28/03/2022	2						What is resilience?
April	4/04/2022	1						Revision /End of term test /Reflection
	11/04/2022							
	18/04/2022							
	25/04/2022	2						How can I be more resilient?
May	2/05/2022	1						How do I react when things go wrong?
	9/05/2022	2						What is taking the initiative?
	16/05/2022	1						Screen time
	23/05/2022	2						What is leadership and why is it important?
	30/05/2022							
June	6/06/2022	1						Good and bad leaders
	13/06/2022	2						Democracy
	20/06/2022	1						Who am I as a leader?
	27/06/2022	2						Road safety
July	4/07/2022	1 PSu						Revision /End of term test /Reflection and Review of the year
	11/07/2022	2						Summer safety
	18/07/2022	1						

Colour	Key
	Organisation
	Wellbeing, mental health and e-safety
	Kindness and values
	Communication
	Resilience and initiative
	Leadership
	Living without harm
	Assessment