

# TASTY, TOMMY tomatoes.

*dice me and put me  
on cheesy toast...*

*chop me and  
add me to pasta  
sauce...*

*add me to cold  
pasta for a tasty  
cold lunch...*

*add me to beans  
and dollop me  
onto a jacket  
potato...*

## *Did you know?*

Tomatoes are actually a fruit and not a veg! They are a great source of Vitamin C and provide approx 30% of your daily intake requirement.