

Westbourne Academy

Scheme of Work for Year 8 PSHE for 2020-2021

	Week	Week Number	Scheme of work overview:					GLH	
			M	T	W	T	F		
								Year 8 PSHE	
August	31/08/2020								
September	7/09/2020	1						Introducing PSHE 15mins /Start lesson 2	1
	14/09/2020	2						Back to school after Covid-19	2
	21/09/2020	1						Leadership styles	3
	28/9/2020	2						Micro leadership	4
October	5/10/2020	1						Gang life and the consequences	5
	12/10/2020	2						Cyberstalking, online bullying and trolling	6
	19/10/2020	1						Social Media	7
	26/10/2020								
November	2/11/2020	2						Gaming addiction	8
	9/11/2020	1						Body image	9
	16/11/2020	2						Sex education – Same sex couples	10
	23/11/2020	1						Sex education – Myths and facts	11
	30/11/2020	2						Sex education – A basic guide to contraception	12
December	7/12/2020	1						Revision /end of term test /reflection	13
	14/12/2020	2						Quiz of the year or a catch up opportunity	14
	21/12/2020								
	28/12/2020								
January	4/01/2021	1 AOX						Introduction to debating	15
	11/01/2021	2 AOX						Using debating skills to improve my work	16
	18/01/2021	1						British values – The criminal justice system	17
	25/01/2021	2						British values – Tolerance	18
February	1/02/2021	1						Jesy Nelson – Odd one out part 1	19
	8/02/2021	2						Jesy Nelson – Odd one out part 2	20
	15/02/2021								
	22/02/2021	1						Growth mindset	21
March	1/03/2021	2						Evaluate my strengths and weaknesses	22
	8/03/2021	1						Maximising output	23
	15/03/2021	2						Problem solving	24
	22/03/2021	1						An introduction to money*	25
	29/03/2021								
April	5/04/2021								
	12/04/2021	2						Poverty – relative and absolute*	26
	19/04/2021	1						Poverty – Maps and shopping*	27
	26/04/2021	2						Confidence and achievement*	28
May	3/05/2021	1						Human rights*	29
	10/05/2021	2						The importance of sleep and routines*	30
	17/05/2021	1						How are you? Covid production – Positive mental health	31
	24/05/2021	2						How are you? Covid production – Student reflection	32
	31/05/2021								
June	7/06/2021	1						Personal safety – basic first aid	33
	14/06/2021	2						First aid - CPR	34
	21/06/2021	1						Reducing our carbon footprint	35
	28/06/2021	2						Emotional literacy – Self-awareness and sensitivity	36
July	5/07/2021	1						Revision /end of term test /reflection and review of the year	37
	12/07/2021	2						Staying safe for the summer	38
	19/07/2021	1							

Colour	Key
	Organisation
	Wellbeing, mental health and e-safety
	Kindness and values
	Communication
	Resilience and initiative
	Leadership
	Living without harm
	Assessment