The following work has been provided for you if you are self-isolating during the first Autumn term. You should complete the activities below. We do not expect you to submit the work and you shouldn’t work for more than 4 hours a day. You may wish to follow your timetable to guide you.

**English**

Read a book for 30 minutes.  After you have finished reading, write a paragraph summarising what you have read.

Watch this video on **WRITING ON SETTING**. Take notes as you watch and complete any tasks set.

<https://classroom.thenational.academy/lessons/descriptive-writing-responding-to-a-setting-stimulus-6wrp6c>

Watch this video on **WRITING from an IMAGE**. Take notes as you watch and complete any tasks set.

**Maths**

Your work will be set on Maths Watch within 24 hours of your phone call. Please log into Maths Watch and contact Miss Hopper if you have any problems -Catherine.hopper@westbourne.attrust.org.uk

**Science**

**Forces & Equations Unit**

There are four video lessons for you to watch and complete all the tasks.

Lesson 1: What are Forces? (recap from Year 7) <https://classroom.thenational.academy/lessons/what-are-forces-crw38r>

Lesson 2: Work Done <https://classroom.thenational.academy/lessons/work-done-part-1-ccwk6c>

Lesson 3: Hookes Law <https://classroom.thenational.academy/lessons/hookes-law-crr6at>

Lesson 4: Speed (recall from Year 7) <https://classroom.thenational.academy/lessons/investigating-speed-cmtpad>

Lesson 5: Distance – Time Graphs<https://classroom.thenational.academy/lessons/distance-time-graphs-68vk2c>

**Geography**

**Weather, Climate and Extreme Weather.**

Lesson 1: What are the factors that affect climate? Watch the video and complete the quiz.

[**https://classroom.thenational.academy/lessons/what-are-the-factors-that-affect-climate-crt3gc**](https://classroom.thenational.academy/lessons/what-are-the-factors-that-affect-climate-crt3gc)

Lesson 2: Why does it rain? Watch the video and complete the quiz.

[**https://classroom.thenational.academy/lessons/why-does-it-rain-6cupct**](https://classroom.thenational.academy/lessons/why-does-it-rain-6cupct)

Lesson 3 and 4: What is a tropical storm? Watch the video and complete the quiz.

[**https://classroom.thenational.academy/lessons/what-are-tropical-storms-and-how-do-we-measure-them-71k3gc**](https://classroom.thenational.academy/lessons/what-are-tropical-storms-and-how-do-we-measure-them-71k3gc)

The impacts of a tropical storm. Watch the video and complete the quiz.

[**https://classroom.thenational.academy/lessons/what-were-the-impacts-of-hurricane-katrina-6xk32c**](https://classroom.thenational.academy/lessons/what-were-the-impacts-of-hurricane-katrina-6xk32c)

**History**

**How far did working conditions improve in the nineteenth century?**

Lesson 1. In this lesson you will learn about how the Industrial Revolution transformed working-conditions in England between 1750-1850. <https://classroom.thenational.academy/lessons/child-labour-during-the-industrial-revolution-6gup2r>

Lesson 2. In this lesson, you will learn about the ways in which governments tried to improve working conditions during the nineteenth century. <https://classroom.thenational.academy/lessons/changing-labour-laws-c4upce>

Lesson 3. In this lesson you will learn about popular protests against poor working conditions at the start of the nineteenth century. <https://classroom.thenational.academy/lessons/popular-protest-1800-1850-6hhkjd>

Lesson 4. In this lesson you will learn about the Lancashire Cotton Famine and the Matchgirls strike. You will use these examples and knowledge from previous lessons to answer our enquiry question. <https://classroom.thenational.academy/lessons/popular-protest-1850-1900-74wpac>

**Modern Foreign Languages: Spanish**

Watch the following videos to learn how to describe events in the past and present.

<https://classroom.thenational.academy/lessons/describing-events-in-the-past-and-present-part-12-c4r3ae>

<https://classroom.thenational.academy/lessons/describing-events-in-the-past-and-present-part-22-6ruk8c>

<https://classroom.thenational.academy/lessons/comparing-past-experiences-part-12-chhk6t>

<https://classroom.thenational.academy/lessons/describing-people-and-places-part-12-6cr6cc>

**Art**

Task 1: <https://www.youtube.com/watch?v=ewOAsUWQJvo>

Watch this video clip of the musical ‘The Lion King’ performed in 2018 at The Musical Awards Gala. As you watch it write down your answers/thoughts to the following questions

1) How many different animals can you see? and can you name them?

2) Describe at least one mask.

3) How many different props are there? and what are they?

4) What are your thoughts about the musical? Is it inspiring? emotive?

 Does it make you think about a potential career in the theatre? If so

 which role/job would interest you and why?

Task 2: Pause the video and sketch out one of the costumes that a performer is wearing and add colour. You could also add notes that describe the materials that have been used to make the costume.

Task 3: <https://www.vam.ac.uk/> Visit the website of the Victoria and Albert Museum (V & A) and look at some of the collections of Art and Textiles from around the world. Make notes about what inspires you. What would you most like to see in person? and why?

Task 4: We have been looking at traditional African patterns in lessons. Could you find a patterned object at home to draw from? You could draw it and explain why you chose it as well as describe the patterns that you see on it.

**Computing**

Review the information on Pre-Production in [https://westbourneacademy.sharepoint.com/:f:/g/EgzrgQATfAlHixFZ8n1O57kBOCa3caxynJtrXhu9Bdybmw?e=freKBq](https://westbourneacademy.sharepoint.com/%3Af%3A/g/EgzrgQATfAlHixFZ8n1O57kBOCa3caxynJtrXhu9Bdybmw?e=freKBq)

1. A Mood board is a collage of images, colours, text and words about a project. Create a Mood Board about a film based on the events of 2020.

2. A Visualization Diagram is a draft layout to show what a final static image media product is intended to look like.

Create a Visualization Diagram for a DVD Cover for a film based on the events of 2020 with a 12, 12A or PG Certificate.

**Drama**

Positions on stage:

1. Watch <http://youtu.be/TowLHF1s3sw>. Draw and label your own stage with the nine stage positions.

2. A monologue is a solo speech by and actor on stage or in a film. Write your own monologue and choose one of the following starting lines: ‘This has been the best day ever...’ **or** ‘I’m so excited about tomorrow..’

3. Video yourself performing the monologue and send it to your teacher by email.

4. Practice your key Drama word spellings.

**DT**

Read through and revise the section on Metals and Alloys (this is what we are learning in lesson).

<https://www.bbc.co.uk/bitesize/guides/zjgyb82/revision/4>

Create a revision poster based on the information that you have read about on different metals and alloys.

**Music**

Research a music festival and create a poster/PowerPoint detailing where it is held, who started it, when did it first begin, how many people attend, who normally plays there (which artists), how much does it cost to attend and anything else you think is important.

**PE**

Read the Mo Farah article:

[https://westbourneacademy.sharepoint.com/:w:/g/EQgRxyZMhLJMsGe8Jj-IcW8BwlTs83X4TGQenrgxMtFzKA](https://westbourneacademy.sharepoint.com/%3Aw%3A/g/EQgRxyZMhLJMsGe8Jj-IcW8BwlTs83X4TGQenrgxMtFzKA)

Year 8: Open the Forms document and follow the instructions: <https://forms.office.com/Pages/ResponsePage.aspx?id=UyUudcf3sEGK8GkwZaFwfc-AOXr0jrVIiDUN6qxcLIVUMElLTlU5VjNOOEVLVlRFS05RWEJMVFlLMi4u>

**RS**

Click on the following link:

<https://westbourneacademy.sharepoint.com/Learning%20Resources/Forms/AllItems.aspx?FolderCTID=0x01200065D212F90F5FB441947685D3910623C9&viewid=11c4f265%2D47c5%2D459d%2D8843%2D36d01e467f6b&id=%2FLearning%20Resources%2FReligious%20Studies%2FYear%208%2FUnit%202%2D%20Judaism>

Open the file **‘Year 8 Self-Isolation Work’**. Read the information on each slide about Judaism. Watch any video clips where there are links given. Complete the activities.