Academy Transformation Trust

## PITI-BULLYING COOPERIST BULLYING

HOW DID BEING PAREYOU FEEL O

"ANGRY, VERY ANGRY ALL OF THE TIME BUT ALSO SAD"

"Sad. I wanted to be left alone."

"I felt upset and sad, I felt that no one cares about your feelings."

"It made me feel really bad about myself. I didn't want to be me, I wanted to be someone else. I wanted to change schools"

STAY CALM AND STAND UP FOR YOURSELF

TALK TO SOMEONE AND GAIN CONTROL

ALWAYS BE POSITIVE AND RISE ABOVE BULLYING

NEVER STAND AND WATCH

DO TAKE A
STAND TO STOP
BULLYING IN OUR
ACADEMIES

































